Why Do We Need Heroes?

The sportspeople you read about last week were heroes not for being good at sport, but because they overcame hurdles in their lives and because they helped to change the way people think about disability. Many of them now work with young athletes to make their lives better.

The dictionary says a hero is:

*noun*

* **1.**a person who is admired or idealized for courage, outstanding achievements, or noble qualities

Look at the pictures on *Pictures.pdf* and answer these questions:

What are some of the problems you see?

Who should do something about these issues?

Could **you** do anything to help? Write about what you could do.

If you have said you could do something to help, do you think you are a hero? Explain why you think that.