C:\Documents and Settings\laura.gingell.SCHOOLS\Local Settings\Temporary Internet Files\Content.IE5\7GL6QQJA\MC900198994[1].WMFC:\Documents and Settings\laura.gingell.SCHOOLS\Local Settings\Temporary Internet Files\Content.IE5\7GL6QQJA\MC900234428[1].WMFC:\Documents and Settings\laura.gingell.SCHOOLS\Local Settings\Temporary Internet Files\Content.IE5\7GL6QQJA\MC900094743[1].WMF=

Today’s Challenge

Working with an adult at home, learn how to take your pulse. Aim to do 15 minutes of exercise and then take your pulse rate before (resting), during (active) and after (cooling down). Keep a note of this. Try this at least 3 times in a week. Notice any improvement?

**NUMERACY!**

All: Practise your multiplication and division skills-<https://www.topmarks.co.uk/maths-games/hit-the-button>

All- Log on to Sumdog

Log on to Sumdog and complete the challenge

(Passwords are in the back of your jotter

<https://pages.sumdog.com/>

Area

**We give our answer in cm squared**

Which is written like this cm2

**Choose a worksheet below**

Mild:<https://www.education.com/worksheet/article/multiplication-table-2-third/>

Spicy:<https://www.math-salamanders.com/image-files/area-worksheet-area-3.gif>

Hot:<https://www.math-salamanders.com/image-files/area-worksheets-area-4.gif>

**OTHER- Science**

<https://www.bbc.co.uk/bitesize/topics/z9qtvcw/articles/zrwx6v4>

Watch the video and see if you can explore changing materials further.

If you have honey in the house, pop it in the fridge and see what happens?

Take it out of the fridge and sit it in the kitchen- check it after 1 hour- What has happened? Why?

<https://www.learning4kids.net/2012/05/02/how-to-make-gloop/>

**LITERACY!**

**Tricky words- All**: Look at **the 3rd** 100 words and practise words 30-40**.** Blend them with your letter cards, write them in your jotter 3 x each, use a squeezy water bottle to write them outside or write them in chalk.

<https://sightwords.com/sight-words/fry/>

Click on the link then click on Fry Sight Word lists- choose the 100 words your child is working on.

Phonics: Click on the link below to choose oo activities.

<https://www.themeasuredmom.com/wp-content/uploads/2016/02/oowkshtpack-2.pdf>

**Reading**: Log onto **Oxford Owls Website**-

**Username- p3 kh**

**Password-Kirkhill**

**Crocodiles- Read, Write inc: Pink- BBok Bag Books- We can Play**

**Meerkats- Read,Write inc: Blue- Set 6 Book A: Whales**

**Giraffes- Read: The Pizza Patch: Pesky Pests & The Scarecrow**

**Tigers-Read: Peter and the wolf -pg 39 -end**

***P3 Activities***

**A note from your teachers**

Please complete these tasks in the jotter provided each week.