



### Ball Toss

How many times can you throw a ball into a bucket or onto a target in 1 minute? Who in your family got the highest score?

### Potato and Spoon race

Grab your spoons and potatoes and see who can make it all the way without their potato falling off. Remember, no thumbs holding the potato on the spoon!



### Equipment

You will need:

- Spoons
- Potatoes
- Beanbags or balls
- Bucket or target
- Pillowcase
- Cups

## 26<sup>th</sup> May 2020 Sports Day!

Today would have been our school sports day. We are disappointed that it can't go ahead as usual but here are some activities you could try at home with your family this week instead. We would love to see photos of what you get up to. Share them on Teams, our school Blog or your online Learning Journals.

### Balance

How long can you hold a balance? You could try standing on something to make it more challenging.



### Challenge

Can you make up some other activities to try?



# Kirkhill Primary



### Sack race

Don't worry if you don't have a sack, you could use a pillowcase instead.

### Water Race

The aim of this activity is to see who can fill the bucket the quickest, collecting cups of water and racing to the bucket.

