FUN START FITNESS



A FUN START TO YOUR CHILD'S HEALTHY FUTURE

A BROXBURN UNITED SPORTS CLUB INITIATIVE

Open to all primary school children, an hour of fun games in an action packed afternoon. Learn key messages to improve your well being playing AWESOME games. The class is a development of our highly rated FUN START FITNESS programme delivered in all local schools.

Our coaching staff look forward to meeting you each week and will help you learn how to lead active healthy lifetyles.

The class starts on Friday 2nd September 2016 @ Strathbrock Partnership from 3 – 4pm, and will run each Friday throughout school terms. Cost is £3 per session. Check us out on www.funstartfitness.com or Fun Start Fitness facebook page.



Come along to Fun Start Fitness and meet our coaches Ruaridih & Kirsten, they will ensure your child has a great time.



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Term1:

Friday 2nd September – Friday 7th October cost £3.00 per week (7 weeks)

Term2:

Friday 28th October – Friday 16th December cost £3.00 per week (8 weeks)

Term 3:

Friday 13th January – Friday 24th March 2017 cost £3.00 per week (10 weeks)

Term 4:

Friday 21th April – Friday 23th June 2017 cost £3.00 per week (10 weeks)
We accept weekly payments, cost £3.

| Address: | |
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| | |
| Emergency Contact: | |
| Medical Condition: | |