Monday: Screen Free Activities

Here are some learning activities that don’t involve being at a screen. Choose one or more of the activities below for each hour to complete, set a timer for an hour if you want. You can choose which order to complete them in.

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| Maker Hour  Book Black And White clipart - Construction, Lego, White, transparent clip  art | Build the tallest tower you can | Make a rainbow from different objects in your house | Make a boat that floats | Colour/Paint a pebble with a kind message | Draw a picture on a cereal box, colour it, then cut it out to make a jigsaw | Create a board game to play with your family | Make a cake or biscuits |
| Literacy Hour  Literacy clipart illiteracy, Literacy illiteracy Transparent FREE for  download on WebStockReview 2021 | Turn your favourite story into a comic strip | Write a letter to your Teacher about what you’re looking forward to | Letter Hunt- ask someone to shout out a letter of the alphabet, find something beginning with that letter | How many words can you think of that start with the same letter as your name? Write them down | Create your own wordsearch about a topic of your choice | Redesign and draw the front cover of your favourite book | Play ‘Kim’s game’ (memory game with a tray of objects) |
| Wellbeing Hour  Physical & Mental Health Wellness - Cherokee County Cherokee County | Make your own healthy lunch | Work out a route to run/walk a daily mile | Make your own Joe Wicks style workout | Learn to juggle | Have a dance with your family to your favourite tunes | Do 50 star jumps | Do a job to help an adult e.g. washing up |
| Maths Hour  CENTER_SIGN_MATH_BW.bmp (950×671) | Clip art, Math clipart, Clipart black  and white | Play countdown using numbers 1-10, 25, 50, 75, 100. Ask someone to make a 2 or 3 digit number and use + - x ÷ to make it | Length Scavenger Hunt- find different objects and measure then order them | Make your own and play multiplication bingo | Play the Yes No Game  Choose a shape, ask questions that can only be answered yes or no until you work it out | Play a board game e.g. snakes & ladders | Sing some Maths counting songs/rhymes | Time how long it take you to tidy your room |
| Creative Hour  Creativity and innovation concept illustratio.. | Free stock vector -  472067 - Nohat - Free for designer | Write a song/rhyme/rap | Draw a family portrait | What do you love about school? Design a poster to show everyone | Make a model of your favourite pizza. What toppings will you include? | Act out a scene from your favourite book/TV programme | Make a musical instrument | Learn a magic trick |