Here are some activities you can do if you are self-isolating. If you need any resources please contact school.

P2 LEARNING GRID



Literacy

Reading- Select and read, or listen to, a story of your choosing. Explain why you chose this story. What did you like/dislike about it?

Were you able to give your own opinion on the story?

Writing- Write as many sentences as you can think of using these 3 words:
dog shoe river

Check that your sentences:-

- have capital letters, full stops and finger spaces
- make sense

Spelling- Play spelling tennis with a partner. You say one letter and your partner says the next until the word is complete. Choose some of your common words to play this with.

Listening and Talking- Choose a household item or one of your toys. Think of 3 interesting facts about that object and note them down. Can you talk about your object for 1 minute? Did you speak loud enough to be heard and slow enough to be understood?

Numeracy

Counting Collections-

Count a collection of items e.g. Ask "how many teddies are there?"

Challenge: Put two collections out and ask "How many altogether?" e.g. 7 spoons and 5 forks. * You can use items from outside e.g stones/sticks/leaves

Number Hunt - Find numbers in newspapers, junk mail, around your house etc. Cut them out and make a poster, show them to your family or take photos of them.

Challenge: Can you find 2 numbers the same? What is the largest/smallest number you have found? Challenge someone to find a larger number.

Sequencing- Sequence numbers in the range 1-30 eg write 14, 15, 16, 17 on separate pieces of paper, mix them up and sequence them. Repeat for other sequences. **Challenge:** Try to sequence larger numbers? Can you order numbers found on the Number Hunt?

<u>Puzzle-</u> Try to find two objects at home that are the same height or length. Try to find two that feel the same weight. Can you find 3?

Heath & Wellbeing

Emotionworks- Think about 'big' feelings that you know or have felt, e.g. frightened, petrified. Consider the facial expressions and body language that go with them. When might people feel these feelings?

<u>P.E.</u> Can you create a **repeating** action pattern? Practise the pattern below then make up your own to get your heart beating faster:

clap clap, stomp stomp, clap clap, stomp stomp, jump jump jump, wiggle, jump jump jump, wiggle

Healthy Eating- Make a fruit salad with at least **three** types of fruit. How many different colours and shapes can you include? How about juice or tinned fruit?

SHANARRI- Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, Included- Draw a picture to represent what each of these words mean to you.

Other activities

STEM- Blast off to space. Watch how the Earth looks from space, what do you see?

https://www.youtube.com/watch?v=EEIk 7qwjqIM

Think about what you know about space and find out something new

Expressive Arts- Go outside with paper or a notebook, find a place to sit either in your garden or by a window and sketch the landscape you see. Are there buildings or trees? Try to focus on and draw only what you can see.

Social Studies

How can you care for your community? You could:

- -make a sign to remind people in your house to wash their hands
- -pick up litter with an adult in your local area
- -tidy your things to make a donation to charity

The following websites may be useful:

- Cosmic Kids Yoga www.cosmickids.com
- Numeracy Games www.topmarks.co.uk/
- BBC English 5-7 years: https://www.bbc.co.uk/teach/ks1-english/z67ncqt
- 10 Nature Activites for Kids if You are Self-Isolating at home https://www.woodlandtrust.org.uk/blog/2020/03/kids-nature-activities-self-isolation/
- Education City https://www.educationcity.com/
- **Sumdog** https://www.sumdog.com/user/sign_in
- **BBC Bitesize** https://www.bbc.co.uk/bitesize/levels/zgckjxs
- Literacy https://www.spellzone.com/word_lists/index.cfm
- Music/Dance https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw