

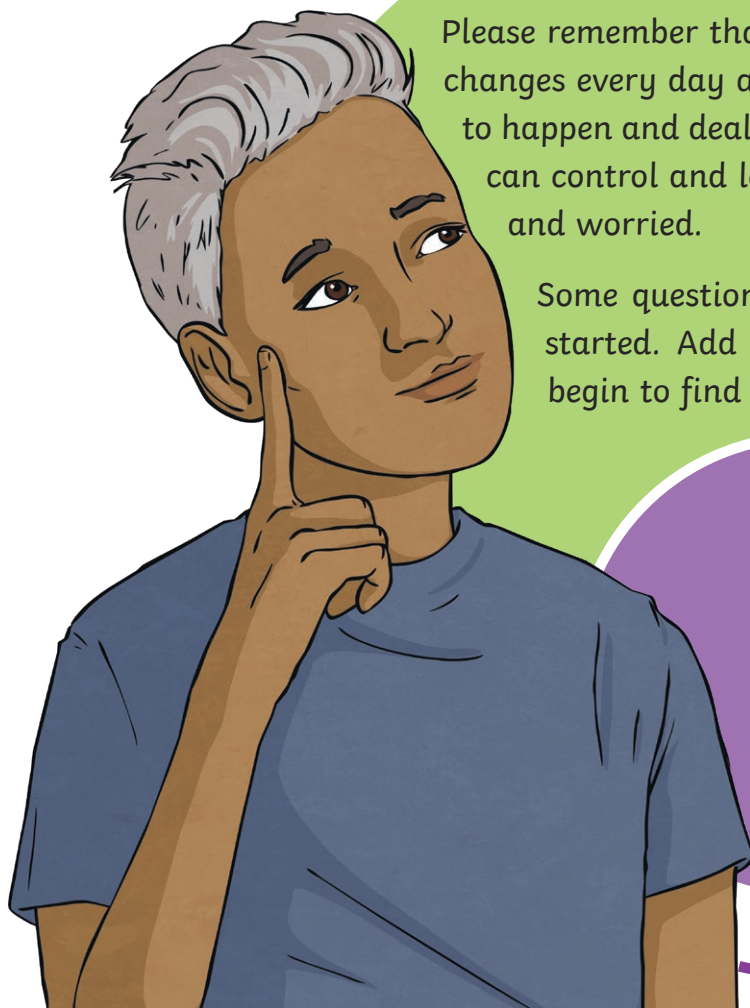
# What Questions Do You Have about Returning to School?

You have had some extended time away from school due to COVID-19. Not many people have been to school as normal during this time and everyone has had a different experience. It is important to understand that no one has all the answers about what is going to happen or about what schools will look and feel like when we return to them.

This activity is a chance for you to write down the questions you may have about returning to school. The adult you are with or your school may be able to answer some of your questions now and others in the future.

By writing your questions down and starting to find out the answers, you will have the chance to think about what might happen and prepare yourself for any changes that are likely to be in place.

This will help you to feel less anxious and more in control of the return to school.



Please remember that no one knows all the answers. Information changes every day and we need to be able to allow these changes to happen and deal with them as best we can. Focus on what you can control and let the other things go so you feel less stressed and worried.

Some questions have been written for you to help you get started. Add your own questions too and see if you can begin to find the answers to some of them.

**When will my class go back to school?**

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**Will I be in the same classroom?**

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**Will I get to speak to my teacher?**

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**Will I see my friends?**

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**Will it be different in my classroom? How might it be different?**

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**What will happen at dinner time? Will we be able to sit with our friends?**

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**Will we be able to do PE?**

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