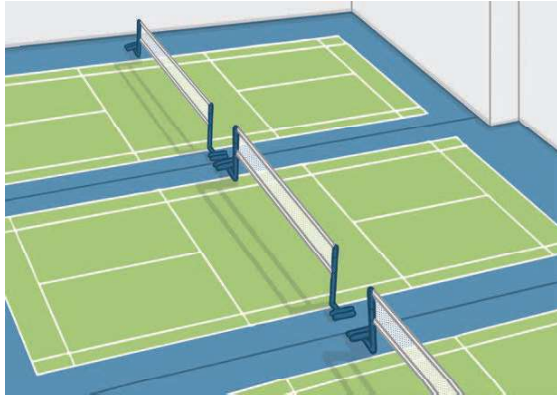
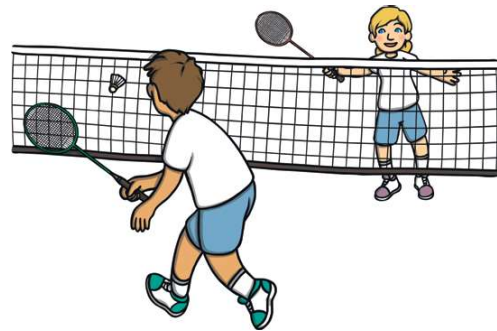


# Badminton

Badminton is a sport played with rackets. Players hit a shuttle to each other across a net.

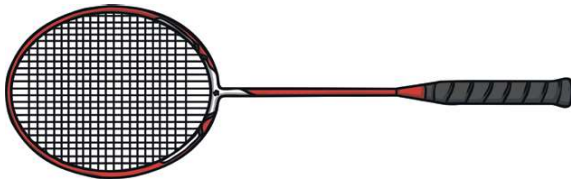


It is played on a court. You get points by making the shuttle land on the floor on the other side of the net. The winner is the first to get 21 points.

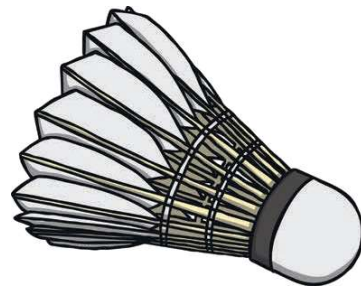


Lots of people like to play because it is fun and they can get fit.

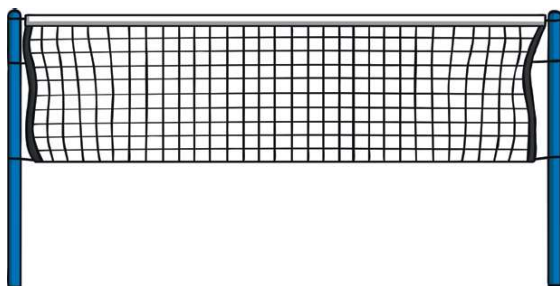
## What do badminton players need?



racket



shuttle



net



someone to play with

# Questions

1. Badminton is played with a... Tick one.

- bat
- racket
- ball

2. Badminton is played on a... Tick one.

- court
- field
- pitch

3. A shuttle is hit across a... Tick one.

- wall
- fence
- net

4. To win you need... Tick one.

- 12 points
- 18 points
- 21 points

5. People play because they can... Tick one.

- get fit
- get home
- go shopping

# Badminton

Badminton is a game played with rackets and a shuttle. It is played on a court. People like to play because it is fun and they can get fit. People can play in competitions at different levels and win medals.

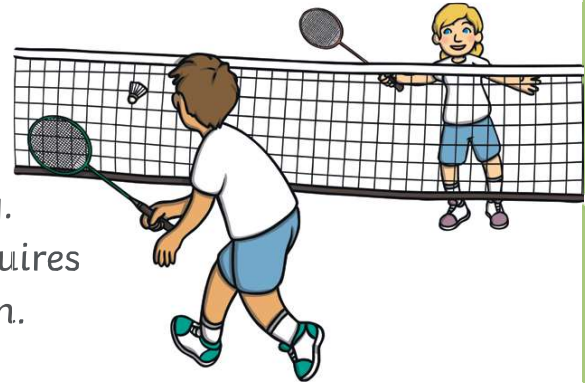


## How to Play

Players hit the shuttle over the net and try to make it land on the other side to win points. Each player will try to hit the shuttle back to stop it landing on their side. A rally is when the shuttle goes back and forth between the players without hitting the ground. Every time a player makes the shuttle land on the opposite side, they win a point. The winner is the first player to reach 21 points.

## Types of Game

Singles is when 2 players play and doubles is when 4 players play. Playing doubles with a partner requires good teamwork and communication.



## What do Players Need?

- Shorts and T-shirt so they can move easily and keep cool
- Trainers so they don't slip on the court when trying to hit the shuttle
- A racket so they can hit the shuttle
- Shuttles to hit across the net
- Water to drink when they feel hot and thirsty

# Questions

1. Badminton is a sport played with a... Tick one.

- racket and shuttle
- bat and ball
- club and ball

2. Fill in the missing word.

People can play in \_\_\_\_\_ at different levels.

3. Match up the words.

Number of points  
to win

2

Number of players in  
a singles game

4

Number of players in  
a doubles game

21

4. Players need a shuttle to... Tick one.

- throw across the net
- kick across the net
- hit across the net

5. Why do players need to wear trainers?

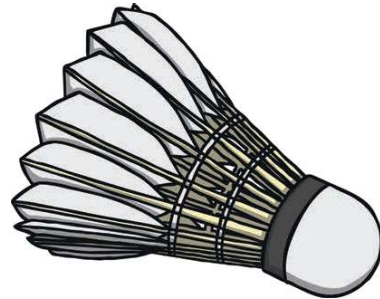
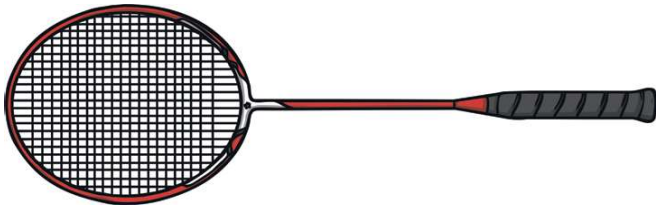
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# Badminton

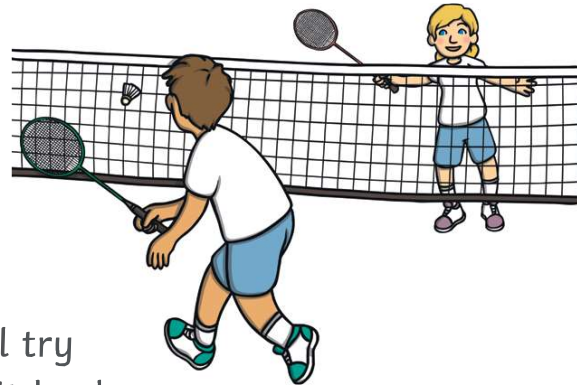
Badminton is a racket sport played on a badminton court. It is played using rackets and players hit a shuttle across a net.

Badminton Scotland is in charge of the development of the sport in Scotland. Its job is to make sure people get opportunities to play and improve throughout the country. It used to be called the Scottish Badminton Union.



## How to Play

A game of Badminton can be played with two players or four players. Singles is one player per side and doubles is two players per side. The aim of the game is for players to hit the shuttle over the net and make it land on the other side to win points. Each player will try to reach the shuttle and send it back over the net. If the shuttle is hit and returned more than once it is called a rally. The winner is the first to reach 21 points.



Badminton is a popular sport and many people play it to exercise and get fit. It is an excellent way to make friends and have fun.

It can be played on a more competitive level too, and top badminton players can compete for a gold medal at the Olympic Games.



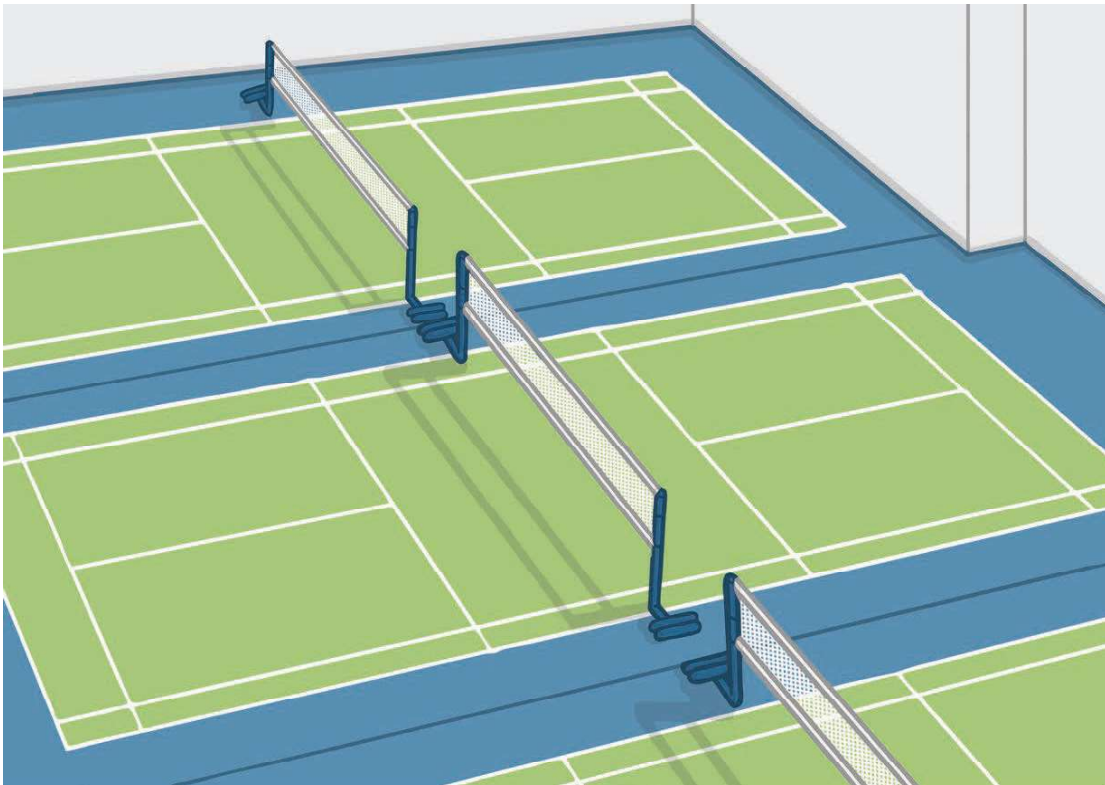


## Skills

Footwork is very important in badminton. It helps players to reach the shuttle in the fastest and shortest time possible. Having the right grip when holding the racket is also important and learning the different strokes will improve ability. Badminton strokes include smash, overhead clear, net shot and serve.

## Interesting Facts

- Badminton is the fastest racket sport in the world
- It has been an Olympic sport since 1992
- Shuttles can be plastic or made from feathers



# Questions

1. What is the job of Badminton Scotland?

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2. Match up the words.

popular

skill

grip

hold

liked

ability

3. Fill in the missing words.

Badminton is a \_\_\_\_\_ sport and many people play it to \_\_\_\_\_ and get \_\_\_\_\_.

4. Find and copy one word that means **alternative**.

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5. Why is footwork important in badminton?

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6. Which fact do you think is the most interesting? Give a reason for your answer.

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