

The Highland Games

What Are the Highland Games?

The Highland Games are a gathering of traditional sporting events. The Scottish games take place every weekend in Scotland during May to September. Over 80 Highland games are held and visitors can see different events and Scottish traditions. Games are held and visitors can see different events and Scottish traditions.



Did You Know?

At the Highland Games, the sporting events date back hundreds of years. Thousands of competitors take part from all over the world.



Tug o' war



Hammer throw



Shot put



Tossing the caber

Visitors at the events can also see Scottish customs such as Highland dancing, pipe bands and tartan. Anyone wearing a kilt can also take part in the kiltie dash!

What Is the History behind the Highland Games?

There are different stories about how the Highland Games began. Some say clan chieftains, hundreds of years ago, held Highland games as a competition to find the bravest and strongest men for battle. They also wanted to find entertainers, such as Highland dancers and musicians.



The Braemar Gathering

The Braemar Gathering is the most famous Highland Games in the world. It takes place on the first Saturday in September. It is a special gathering because the royal family attend.

Highland Games Facts

- At some games, there is a haggis hurling event.
- Highland Games are held all over the world from Brazil to New Zealand.
- A caber is a log from a larch tree. It is almost six metres long!
- Highland dancing was originally a male only event.
- World records are often broken at the Highland games.
- At some games, there is a haggis hurling event.



Questions

1. What are the Highland Games?

The Highland Games are

2. Why do you think the Highland Games are held between May and September?

3. Name three sporting events you might see at the Highland Games.

4. Why do you think there are different stories about why the Highland Games started?

5. The Braemar Gathering is special because

6. Describe what you think a kiltie dash is.

7. If you could compete at the Highland Games, which event would you choose and why?

8. Use two words to describe the competitors at the games.

9. If you could compete at the Highland Games, which event would you choose and why?

Challenge:

Design a poster for the Braemar Highland Games.

Remember to include the different events and traditions. Research the date of the games and include it on your poster.

