**See Saw Up and Down Instructions**

**First**

Sing and clap beat (4 beats per line/ 8 total)



**Next**

Look at rhythms through the word syllables

1 image = 1 beat (slow) = 1 line or crotchet

2 small images = 2 half beats (quick) = 2 lines or quaver

 



**Finally**

Complete worksheet by drawing or cutting and sticking Kodaly rhythm note shapes

(line or double line)