

## Tied in knots



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### **Activity**

Learning to tie simple lashings and knots is an essential skill for shelter building and many other aspects of woodland craft.

#### Before you go:

Research different types of knots and their uses.

### What do you need?

A supply of sticks or a woodland with enough dead sticks for each child. Metre long pieces of rope suitable for tying knots (finish the ends of nylon ropes by burning lightly). Implements to cut rope.

#### Clove hitch

The clove hitch is a useful knot for beginning lashings.

Start by asking each child to find a stick. Then provide each with a piece of rope. Next make a pair of spectacles with the rope, then 'fold' the spectacles by putting one 'eye frame' behind the other. Slide the double loop onto the stick and tighten.



This is a clove hitch tied round a post:





Here is a round turn and two half hitches (half hitches are useful for finishing off lashings neatly)

**Square lashing** is useful for shelter building and making camp equipment.







Begin with a clove hitch and then lash the string alternately above and below both sticks. After 3-4 circuits make a full turn around one stick and circuit the string a couple of times between the two sticks going above and below different sticks from stage 1. Finish off with a round turn and a clove hitch.

#### Follow-up

Look into how rope is made. Tie decorative knots. Find out about the breaking strengths of different rope and the safety factors to be considered for different activities.