
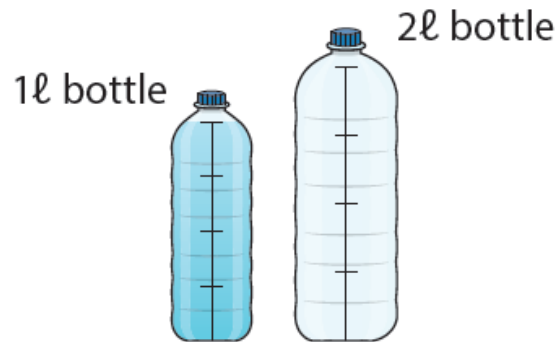


<p style="text-align: center;"><u>Health and Wellbeing</u></p> <ul style="list-style-type: none"> • PE – follow a Cosmic Yoga routine on Youtube • Youtube ‘Joe Wicks Body Coach’ – can you get your whole family to join in a workout? • Pick your favourite song and create a dance to it. Can you teach a family member how to do the dance with you? • Get out and active! Go a walk/run/cycle if you can with your family. • Spell your name PE challenge – see below! For each letter of your name, complete the exercise next to it. You could do this for each person in your family. • Create/ follow a recipe to make a meal with an adult. Write down the recipe + draw a picture of what you made! • Life skills – help to do the laundry this week! 	<p style="text-align: center;"><u>Literacy</u></p> <ul style="list-style-type: none"> • Revise your Fry’s words list – how many can you complete with an adult? • Practise this week’s spelling words using your fun spelling strategies that we use in class – such as pyramid spelling, rainbow writing, silly sentences etc. • Complete literacy activities on Study Ladder • Watch Newsround on CBBC, and choose one story. Note the main points/facts in your jotter, and retell the story to a family member. • Choose a short story or chapter of a book to read. Make a comic strip with pictures and sentences to describe the main points and characters. There is a template attached to this grid. CHALLENGE – can you write your own comic strip story? 	<p style="text-align: center;"><u>Numeracy and Maths</u></p> <ul style="list-style-type: none"> • Practise the 2x, 5x and 10x tables with an adult – get them to create sums for you to answer • Play Topmarks ‘Hit the Button’ to practice your number bonds and times table facts. • Complete given activities on Study Ladder. • Choose 3 containers. Take a cup or yoghurt pot and find out how many cups it takes to fill your container. • Choose some different containers. Does the tallest container always hold the most water? • How many containers can you find at home that hold more than 500ml? Can you find any that hold more than 1litre? • Complete the worksheet and word problems attached to this grid.
<p style="text-align: center;"><u>Family Time</u></p> <p>We will be starting a new topic in the next few weeks! In the meantime, here’s some ideas for things to do with your family.</p> <ul style="list-style-type: none"> • Play a board game (or create a new one to play!) • Talk to your relatives to find out about your ancestors and create a family tree. • Play ‘who am I?’ with your family • Write some jokes on pieces of paper and leave around your house for people to find! • Make a blanket fort, how many people can you fit inside? • Play hide and seek! • Be a quiz master and create a quiz for your family! • Go on a secret mission to do something nice for someone. 	<div style="text-align: center;">  <p>Eastertoun Primary School P3 Home Learning Grid – W/C 27/04/20</p> <p>Hello P3!</p> <p>Going forward, both P3 and P4/3 will use the same grid. Please write down any tasks that you complete in your jotter with the date and title of the task you are completing.</p> <p>Thanks in advance! Miss Garrity & Miss Reid</p> </div>	<p style="text-align: center;"><u>Other Subjects</u></p> <ul style="list-style-type: none"> • Music – practice your recorder and log into Charanga (Mrs Meek given out log in details) • Music – create your own musical instrument using any household items you can find. Google DIY musical instruments for inspiration! • Languages – Log onto https://www.french-games.net/frenchtopics and complete the animals – pets tutorial and games • Art – be creative and make a picture using only straight lines. • STEM – create a parachute for a toy. Time how long it takes for the toy to reach the ground.
<p style="text-align: center;"><u>Ethos and Life of the School</u></p> <ul style="list-style-type: none"> • Make a birthday card for Captain Tom Moore. • Research the life of someone who inspires you. Create a mini fact file about them. • Write a note or draw a picture for your friends to give them when we go back to school. • Write about someone who is special to you and draw a picture of them. Send it to them (you could send a picture/email if they are not in your house!) 	<p style="text-align: center;"><u>Useful websites</u></p> <ul style="list-style-type: none"> • Studyladder.co.uk (log ins have been given) • Topmarks.co.uk • Spellingcity.com • Ictgames.co.uk • Storylineonline.net – also have a Youtube channel • Bbc.co.uk/bitesize/dailylessons • https://youtu.be/zF3JSnEq7tU - capacity video 	<p style="text-align: center;"><u>Spelling words this week!</u></p> <p>Choose which spelling list you’d like to try this week.</p> <p>Mild <ss> / <zz> - ox, run, from, buzz, cross, less, miss, there, they</p> <p>Spicy - the /oa/ sound - such, luck, home, froze, foal, stole, stone, toast, snowball, fifteen, sixteen</p> <p>Extra spicy <e> - secret, recent, media, medium, frequent, medieval, adhesive, chameleon, immediate, prehistoric</p>

LI- To solve capacity word problems

Dave has 1 litre and 2 litre bottles. He pours the water from the small bottle into the large bottle. Mark where the water comes upto on the large bottle.

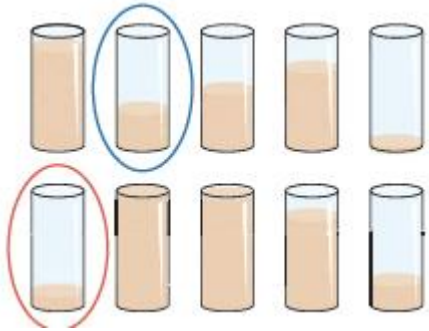


Sid has a full bottle of drink. He pours it into a jug. Which has the greater capacity, the bottle or the jug? How do you know this?



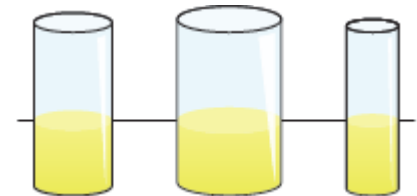
Tick a glass which is half as full as the glass with the red oval.

Circle the glass which is about half as full as the glass with the blue oval.



'All of the glasses contain the same quantity of lemonade.' Do you agree?

Explain your reasoning.



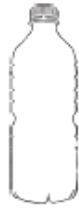
Can you draw a line on each container to show the water level at the correct volume?



half full



nearly full



nearly empty



full

Which container has the smallest capacity? **Circle one.**



Which container has the greatest capacity? **Circle one.**



Which container has the greatest capacity? **Circle one.**



Which container has the smallest capacity? **Circle one.**



Spell your name PE challenge!

Spell your name and complete the exercise next to each letter. These are all exercises that we have done before, as part of our circuits PE topic. You could do this challenge using your first name, last name, or choose a family member's name instead! Have fun 😊

A – 10 star jumps

B – 10 sit ups

C – run on the spot – 20secs

D – high knees – 30secs

E – 5 push ups

F – 10 walking lunges

G – plank – 20secs

H – 10 squats

I – 5 burpees

J – mountain climbers – 20secs

K – plank – 20secs

L – 15 star jumps

M – 20 star jumps

N – run on the spot – 20secs

O – 10 push ups

P – plank – 20secs

Q – 10 walking lunges

R – 5 burpees

S – run on the spot – 20secs

T – 10 push ups

U – 15 squats

V – mountain climbers – 20secs

W – high knees – 30secs

X – 10 burpees

Y – 5 squats

Z – 20 sit ups

