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|  Pencil BalanceHold your pencil and try to balance it on your index finger. How far can you walk around the room, or your whole house without dropping it?Can you count your steps?How many did you take before you dropped Your pencil? Try your other fingers. Which one is the best? | Charades Act out a scene such as “making a  sandwich” or “opening a present,” without words or prompts. |  True or False Label or assign one area of the room as true and  another area as false. An adult calls out a statement such as “spiders  are scary,” Move to the area of the room that you think is correct. |
| I can fly Pretend that you can fly like as any of the  Following for 10 seconds.airplane bee kitebutterfly eagle  | Eastertoun Primary School & ELCBrain BreaksEvery so often you need to take a break. Try some of these? | Simon SaysPlay Simon says with another person. Can you trick them? Change for themto give the instructions. Can they trick you? |
| RobotsCan you walk and talk like a robot?How about trying your next task stillbeing a robot?  | Paper AirplaneCan you build a paper airplane and test itwithin 2 minutes?Can you try different models?Which one flies the best? | DiscoPut on some music and dance.Can you work on your moves?Can you learn some new or rather old dances?* YMCA
* Macarena
* Moonwalk
* Superman
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