**Jigsaw – Dreams and Goals – Lesson 1**

*I can identify my dreams and goals and recognise that these may change over time*

*I can set goals and challenges for myself, set criteria for success and celebrate when I achieve them*

**“The biggest risk is not taking any risk. In a world that changes really quickly, the only strategy that is guaranteed to fail is not taking risks”** Mark Zuckerberg, founder of Facebook

Do you agree with this statement?

Explain:

**“Success is a lousy teacher. It seduces smart people into thinking they can’t lose. It is fine to celebrate success but it is more important to heed the lessons of failure.”** Bill Gates, founder of Microsoft

Explain why you think Bill Gates believes this:

We all have dreams and goals for different aspects of our life. It is important to remember that these may change as we learn and should remain adaptable. Not being afraid to fail can help us become more successful learners and more likely to achieve our goals.

Complete this grid:

|  |  |  |
| --- | --- | --- |
| My dream or goal for… | What I can do to achieve this | What might change over time |
| My future career |  |  |
| My life generally |  |  |
| The world I live in |  |  |

It is also important to celebrate our successes. Make yourself a certificate of achievement. Here is an example:

**Certificate of Achievement**

A goal I have achieved is…

Passing my dance exam

My achievement was celebrated by…

My dance teacher, family and friends all congratulated me

I overcame the following difficulties…

Learning the dance steps, I had to practise for a long time as I kept getting it wrong

Nerves at the exam – the atmosphere was strict and I didn’t know anyone

When I achieved my goal I felt…

Happy, relieved and more confident to face other exams in the future