



Burns, Mackintosh and Muir Camp

Dalguise 2026

Parent Information

Wednesday 23rd September – Friday 25th September
2026

Why Go To Camp?

- Build on and form new friendships with people who children may not usually choose to work with
- Team Building
- Demonstrating skills that are not always seen in a classroom setting.

When do we go?

- Leaving from school at 10.30am on **Wednesday 23rd September.**
- Returning to school **Friday 25th September** at **3.00pm approximately.**
- The school will Groupcall to let you know that we have arrived safely on Wednesday and again on Friday to let you know if we are on schedule to return by 3.00pm.



Dalguise

Perthshire







Welcome to PGL

- The UK's largest provider of outdoor education for young people
- Over 55 years' experience
- Fully risk assessed
- LOTC Quality Badge holder
- Founding member of BAPA
- ABTA bonded





Dalguise - Perthshire

- Stunning woodland location just 5 miles from Dunkeld
- 26 fantastic adventure activities to choose from
- On-site lake and sports dome
- Explore the 360 Virtual Tour www.pgl.co.uk/dalguise360 to see inside the centre and view activity information and videos



Activity Groups/Dorms

- Children make selections
- Champions allocate
- Children find out the day before camp – these will not be changeable



Accommodation

- Lodges – en suite rooms sleep 4-6
- The Stables – en suite rooms sleep 4-10

Accommodation for Dalguise can be viewed in the 360 virtual tour:

www.pgl.co.uk/dalguise360





Daily Routine

- 7:00-7:30 – Wake Up and get dressed
- 8:00-9:00 – Breakfast
- 9:00-10:30 – 1st Morning Activity
- 10:30-12:00 – 2nd Morning Activity
- 12:00-1:30 – Lunch Rota
- 1:30-2:00 – Organisation for Afternoon Activities.
- 2:00-3:30 – 1st Afternoon Activity
- 3:30-5:00 – 2nd Afternoon Activity
- 5:00-6:00 – Dinner
- 6:00-7:00 – Free Time/Games
- 7:00-8:30 – Evening Entertainment
- 8:30-9:30 – Back to lodges/Supper/Bedtime



Adventure activities

- Abseiling
- Archery
- Canoeing
- Challenge Course
- Climbing
- Fencing
- Giant Swing
- Laser Tag
- Nature Trail
- Orienteering
- Problem Solving
- Sensory Trail
- Sports and Team Games
- Survivor
- Trapeze
- Tree Climb
- Zip Wire













Food At Camp

- Packed lunch required for the first day
- All food is served in the dining room
- Breakfast: cereal, toast, cooked breakfast, fruit and yoghurt
- Lunch: Selection of hot food, salad bar, bread and fruit
- Dinner: Selection of hot food, salad bar, bread, fruit and dessert
- Diluting juice/water
- Allergies and food requirements catered for
- We will provide a small snack for the children
- Sample menus available online: www.pgl.co.uk



Health & safety

The PGL Code of Practice describes all safety and operational procedures both on and off-site including:

- Sample risk assessments
- Staff-to-pupil ratios
- Operating procedures
- Staff vetting & training
- Site security
- First Aid procedures
- Emergency procedures

www.pgl.co.uk/cop

Medicines/Needs

- Medicines will be administered in lodges by school staff
- Medication that is needed throughout the day will be with the member of staff allocated to the child's group
- ALL medication must be handed in before camp – including travel sickness, antihistamines, calpol as well as any prescribed medications
- **Inhalers must be used with a spacer device**
- Details of medication needed in group will be included in a pack given to the staff member
- Each pack will be individual to that activity group
- Bed wetting
- Any falls/broken bones in last 6 weeks please let us know ASAP

Pocket Money

- This is optional
- Parents/Carers to hand in a £10 note to the office in a clearly labelled envelope or money bag by Friday 20th September at the latest
- Children will be responsible for their own change and for any products purchased
- No extra money is required at camp

Do's and Don'ts

Do...

- Bring plenty of extra socks!
- Label EVERYTHING!
- Bring a black bag or plastic bags to put wet/dirty clothes in
- Bring a waterproof jacket
- Remember to bring bedding and towels!
- Pack with your child
- Bring a book/pen and paper for before bedtime
- Have fun!

Do Not...

- Bring electronic equipment
- Bring hair straighteners/ curling tongs etc
- Bring aerosols
- Bring mobile phones/smart watches
- Pack excessive amounts of snacks (morning snack provided)

Our Vision:
Beyond the Dream:
Believing in me, inspiring each other,
achieving together!

Through our Values of:

- Caring
- Resilience
- Integrity
- Belonging



Pupil Expectations

All children attending Camp must follow the behaviour expectations:

- Respect all adults and each other
- Respect all property (Safe use of windows)
- Use paths to move around the grounds of Dalguise (Avoid walking/climbing on walls outside dorms)
- Show good manners at all times
- Only return to their **own** dormitories when instructed/supervised.

Consequences

- If anyone fails to meet the expectations a clear warning will be given.
- If the warning is not taken this will result in the child missing an activity and staying with a member of SLT.
- Miss Burton will be contacted.
- If expectations are still not met a phone call will be made to you, and your child may be sent home.
- The decision will be made by Miss Burton and the member of SLT.

Keeping in Touch

- If there is a situation where you need to get in touch with your child please contact Dalguise (0333 321 2114) who will pass on the message to our staff.
- If we need to get in touch with you we will do this using the emergency contact or via the school.
- We will update the school blog with a Sway of photos when we get back so that you can see what the children have been up to.



Thank you for listening
Any questions?