



# Muir and Mackintosh Camp Dalguise 2024 Parent Information

Wednesday 25<sup>th</sup> September – Friday 27<sup>th</sup> September  
2024

# Why Go To Camp?

- Build on and form new friendships with people who children may not usually choose to work with
- Team Building
- Demonstrating skills that are not always seen in a classroom setting.

# When do we go?

- Leaving from school at 10.30am on **Wednesday 25<sup>th</sup> September.**
- Returning to school **Friday 27<sup>th</sup> September** at **3.00pm approximately.**
- The school will Groupcall to let you know that we have arrived safely on Wednesday and again on Friday to let you know if we are on schedule to return by 3.00pm.



# Dalguise

## Perthshire









# Welcome to PGL

- The UK's largest provider of outdoor education for young people
- Over 55 years' experience
- Fully risk assessed
- LOtC Quality Badge holder
- Founding member of BAPA
- ABTA bonded







## Dalguise - Perthshire

- Stunning woodland location just 5 miles from Dunkeld
- 26 fantastic adventure activities to choose from
- On-site lake and sports dome
- Explore the 360 Virtual Tour [www.pgl.co.uk/dalguise360](http://www.pgl.co.uk/dalguise360) to see inside the centre and view activity information and videos



# Activity Groups/Dorms

- Children make selections
- Champions allocate
- Children find out on the morning of camp





## Accommodation

- Lodges – en suite rooms sleep 4-6
- The Stables – en suite rooms sleep 4-10

Accommodation for Dalguise can be viewed in the 360 virtual tour: [www.pgl.co.uk/dalguise360](http://www.pgl.co.uk/dalguise360)





# Daily Routine

- 7:00-7:30 – Wake Up and get dressed
- 8:00-9:00 – Breakfast
- 9:00-10:30 – 1<sup>st</sup> Morning Activity
- 10:30-12:00 – 2<sup>nd</sup> Morning Activity
- 12:00-1:30 – Lunch Rota
- 1:30-2:00 – Organisation for Afternoon Activities.
- 2:00-3:30 – 1<sup>st</sup> Afternoon Activity
- 3:30-5:00 – 2<sup>nd</sup> Afternoon Activity
- 5:00-6:00 – Dinner
- 6:00-7:00 – Free Time/Games
- 7:00-8:30 – Evening Entertainment
- 8:30-9:30 – Back to lodges/Supper/Bedtime





## Adventure activities

- Abseiling
- Archery
- Canoeing
- Challenge Course
- Climbing
- Fencing
- Giant Swing
- Laser Tag
- Nature Trail
- Orienteering
- Problem Solving
- Sensory Trail
- Sports and Team Games
- Survivor
- Trapeze
- Tree Climb
- Zip Wire

























# Food At Camp

- All food is served in the dining room
- Breakfast: cereal, toast, cooked breakfast, fruit and yoghurt
- Lunch: Selection of hot food, salad bar, bread and fruit
- Dinner: Selection of hot food, salad bar, bread, fruit and dessert
- Diluting juice/water
- Allergies and food requirements catered for
- We will provide snack and supper for the children.
- Sample menus available online: [www.pgl.co.uk](http://www.pgl.co.uk)







## Health & safety

The PGL Code of Practice describes all safety and operational procedures both on and off-site including:

- Sample risk assessments
- Staff-to-pupil ratios
- Operating procedures
- Staff vetting & training
- Site security
- First Aid procedures
- Emergency procedures

[www.pgl.co.uk/cop](http://www.pgl.co.uk/cop)

# Medicines/Needs

- Medicines will be administered in lodges by school staff
- Medication that is needed throughout the day will be with the member of staff allocated to the child's group
- **Inhalers must be used with a spacer device**
- Details of medication needed in group will be included in a pack given to the staff member
- Each pack will be individual to that activity group
- Any falls/broken bones in last 6 weeks please let us know ASAP.

# Pocket Money

- This is optional
- Parents/Carers to hand in a £10 note to the office in a clearly labelled envelope or money bag by Friday 20<sup>th</sup> September at the latest
- Children will be responsible for their own change and for any products purchased
- No extra money is required at camp



# Do's and Don'ts

## Do...

- Bring plenty of extra socks!
- Bring a book/paper & pen for before bed
- Bring a black bag or plastic bags to put wet/dirty clothes in
- Bring a waterproof jacket
- Remember to bring bedding and towels!
- Pack with your child
- Have fun!

## Do Not...

- Bring electronic equipment
- Bring hair straighteners/ curling tongs etc
- Bring aerosols
- Bring mobile phones
- Pack excessive amounts of snacks (morning snack provided)

*Our Vision:*  
Beyond the Dream:  
Believing in me, inspiring each other,  
achieving together!

*Through our Values of:*

- Caring
- Resilience
- Integrity
- Belonging





# Pupil Expectations

All children attending Camp must follow the behaviour expectations:

- Respect all adults and each other
- Respect all property (Safe use of windows)
- Use paths to move around the grounds of Dalguise (Avoid walking/climbing on walls outside dorms)
- Show good manners at all times
- Only return to their **own** dormitories when instructed/supervised.

## Consequences

- If anyone fails to meet the expectations a clear warning will be given.
- If the warning is not taken this will result in the child missing an activity and staying with Miss Stark.
- Miss Burton will be contacted.
- If expectations are still not met a phone call will be made to you, and your child may be sent home.
- The decision will be made by Miss Burton and Miss Stark.

# Keeping in Touch

- If there is a situation where you need to get in touch with your child please contact Dalguise (0333 321 2114) who will pass on the message to our staff.
- If we need to get in touch with you we will do this using the emergency contact or via the school.
- We will update the school X (formerly Twitter) feed as often as possible to keep you up to date with what is going on at camp!
- You can follow us at @Calderwood\_Pri





Thank you for listening  
**Any questions?**