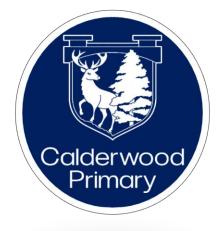
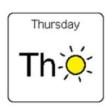
SPORTS DAY AT CALDERWOOD











On Thursday afternoon, I will be attending my very first Sports Day at Calderwood.

Different things will be happening during Sports Day.



My Clan timetable for Thursday will be different from usual.





My Clan will have lunch at an earlier time so we can get ready for Sports Day.





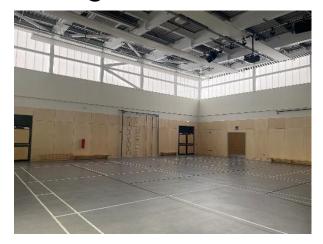
There will be different Sports happening in different places.

My Clan will be able to take part in all of them.

My Clan Champion or another adult will tell me which Sport I am doing First and then Next.



Kurling in the Arena











Highland Games in the Field

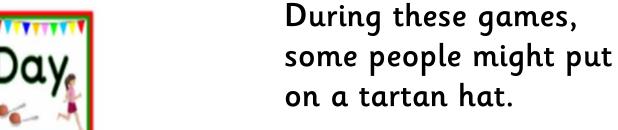




I will have to throw items to get close to targets and earn points for my house.



Races in the Field



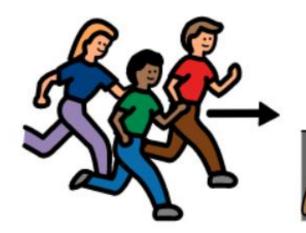
I don't have to put these on if I don't want to.



My Clan will choose two different races.













Not everyone can win at a Sports activity.

It is ok if I don't win.
I can say 'Well done!' to the winners.





CALDERWOOD CHILL



When it is time for our Calderwood Chill my Clan will be able to have a drink of and take a break there.

My Clan might do some stretches (or yoga or







play small team games







Music will be playing there P which might seem loud .

On Sports Day, my Clan and Calderwood Champions will be wearing PE clothes. PE tops will be House colours.











SIKA

RED

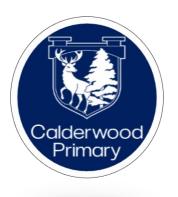
FALLOW

ROE

PE clothes are different from Calderwood Couture.







I can wear PE clothes that I find comfortable.











SIKA

RED

FALLOW

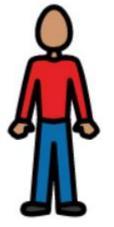
ROE



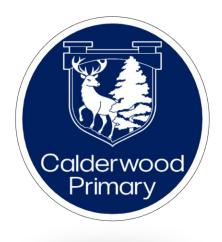
There will be lots of extra adults and families at Sports Day.

It will be very busy.

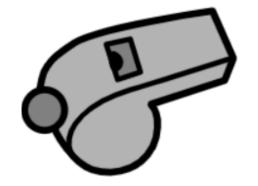












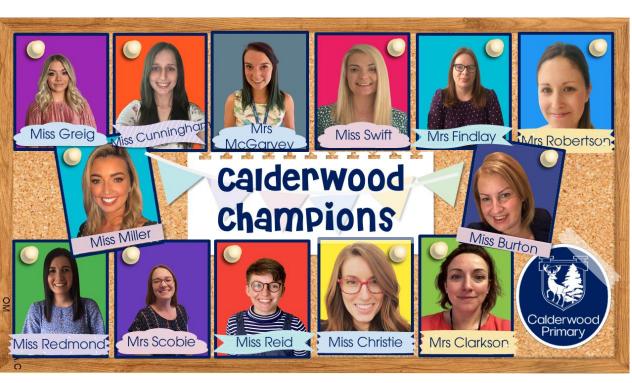
Some adults might use a microphone at Sports Day so that everyone can hear the announcements.

Other adults might use a whistle so we know when a Sports Activity is about to start or finish.

These voices or sounds might seem very loud



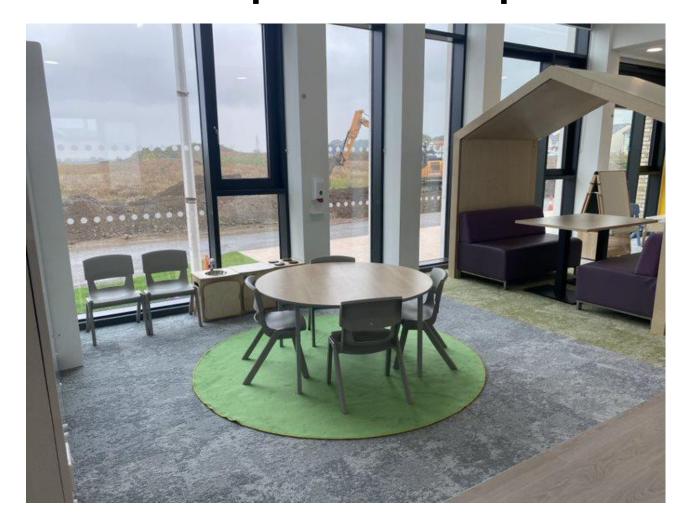
My Clan Champion and all of the other Champions will be there to help me.







If I need some time in a quiet space, I can ask a Champion to help me.





At the end of the day I can tell everyone at home about my first Sports Day at Calderwood.

