

# UNDERSTANDING AUTISM ASSEMBLY 2022 PRIMARY

World Autism Day - Saturday 2<sup>nd</sup> April 2022

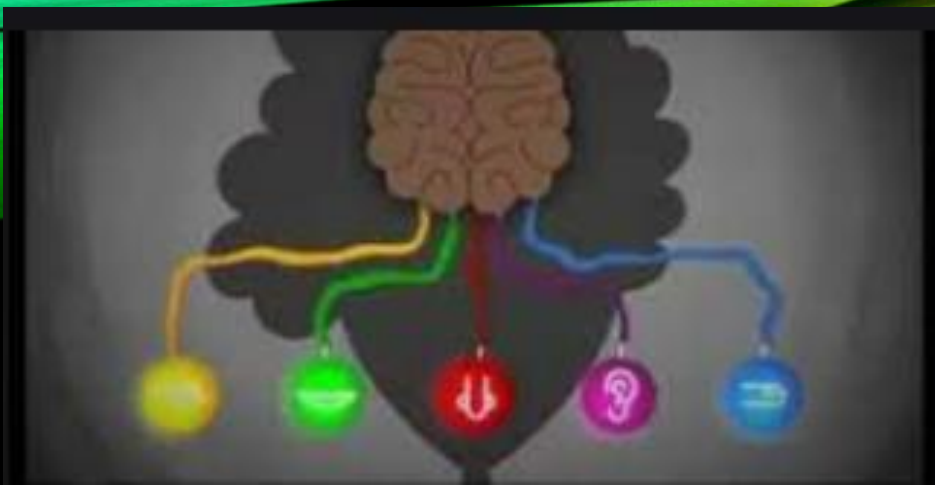


WEST LOTHIAN COUNCIL  
Professional  
Learning Team

# What is Autism?



<https://youtu.be/Ezv85LMFx2E>



The brain can get confused with the messages



Some differences are difficult to see



Many people have autism



Some differences are easy to see.



<https://youtu.be/VAogdfYPstU>

# What is it like to be me...

I am in a video game on an expert level and it is really hard.

It is hard to understand other people. Their actions and words don't match up.

I hold on to my worries and let them out when I get home.

I can't control my own body.  
I start shaking.

I isolate myself.

The space I am in is getting smaller.

I like to run away.

I don't like to be touched.

I make random movements and sounds.



# Things I like to do.....



Know everything about cats.



Like moving, spinning and jumping.  
Wrapping up in a blanket makes me feel calm and happy.



Talking to my brain,  
I have different personas.



Thinking about being in my own stories.

As a friend.

Take time to get to know me.

**How I would like to be treated...**

Kindly.

Be kind, nice and helpful.

With respect.

Listen to me.

Have fun with me.

Treat me like you would like to be treated.



## What could you do to be a good friend?

Notice what they like doing and ask if you can do it with them.

Invite them to join in when you are playing a game.

Try communicating in ways they are comfortable with. They may not always like talking or making eye contact.

Remember that things like loud noises, strong smells, bright lights, and being touched can bother someone a lot.

Help them keep calm if they are upset.

Help them understand how you and others are feeling.

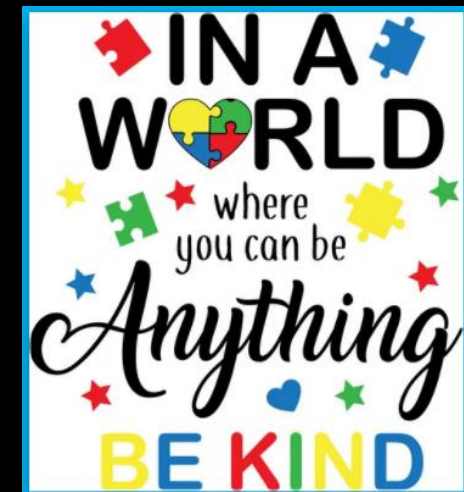
Give them extra time to respond when you are talking to each other.



**A**lways  
**U**nique  
**T**otally  
**I**ntelligent  
**S**ometimes  
**M**ysterious



Encourage an understanding of Autism.



Time to Sing!



<https://www.youtube.com/watch?v=P3wSCwdtxkc&t=1s>

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