

# **Bathgate Early Years Centre**

## **Care and Welfare of all pupils**

### **Health Policy**

#### **Appendix to Food Safety Policy 2** **Learning and Teaching of Personal Hygiene**

##### ***Aim***

We aim to develop an understanding in children of the importance of practising basic hygiene procedures

##### ***Strategy for Teaching and Learning***

We will do this by;

1. Teaching and encouraging proper handwashing routines
  - before snack, baking activities and food handling
  - after using the toilet
  - after activities such as planting, feeding the snails etc
2. Teaching and encouraging the children by , role modelling, how to take snack;
  - use a clean plate
  - handle only own food, not to handle other pieces of food
  - to dispose of all unwanted food in an appropriate place
  - to properly dispose of food dropped on the floor
3. Encourage children how to dispose of tissues, paper towels etc, properly

##### ***Evaluation and Quality Improvement***

This will be achieved through;

- Continuous observation and monitoring by staff
- Informal liaison and discussion with parents - encouraging their support of good practice at home
- Continued health of the children at the nursery
- Reference to current WLC guidelines
- Review of this policy in August 2016

*Mvairi S. Lynch*

*Headteacher*

*Wednesday, 04 March 2015*