

Carrots!



Look at these amazing rainbow carrots!

Watch Auntie Mabel digging up her carrots by clicking on the picture.

Try making carrot soup using this recipe.

4 carrots

1 onion

A few peeled potatoes

Vegetable or chicken stock.

Seasoning

Method

Peel and chop vegetables, brown slightly in butter.

Add stock and simmer until soft.

Puree using a blender.

Enjoy!



Listen to a story about a boy who didn't like vegetables by clicking on the book.

