

Are you a parent in West Lothian who would like to help improve your family finances?

Whether you are unemployed or looking for new and better job opportunities, we can support you to improve your career prospects.

HOW WE WILL HELP YOU:

Family income

Understand how to maximise your household income and access support available

• Increase your income from employment

Develop your skills

- · Identify and work towards an employment goal
- Develop confidence
- Learn new skills and enhance your job opportunities
- Gain real work experience
- Become a workplace mentor
- Qualify as a First Aid for Mental Health workplace champion

Work for a better future

- Support to search for jobs and prepare for interviews
- Link with employers who will help you grow your skills and experience
- Benefit from in-work mentor support







ELIGIBILITY CRITERIA

- ✓ Lone parent
- Parent with a disability/ parent with a child who has a disability
- Parent from an ethnic minority
- Parent with three or more children
- Parent with youngest child under one years old
- Parent aged under 25 years old



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