**PE**

A good way to start your day is with a little exercise. Every morning Joe Wicks will be live streaming a free PE lesson on his YouTube channel at 9am. You can access it through this link:

<https://www.youtube.com/user/thebodycoach1>

Cosmic Kids Yoga is another great way to relax and start the day.

<https://www.youtube.com/user/CosmicKidsYoga>

Go Noodle can be used for fun tasks between activities.

<https://family.gonoodle.com/>

**Literacy**

**Phonics**

This week we will consolidate thesounds

|  |  |
| --- | --- |
| Sun = tch, wr, ea (bread) | Moon: ay, ea (wheat), ow (snow) |
| witch  ditch  write  wrist  bread  head | Play  Pray  Wheat  Team  Grow  throw |

1. Practice reading and writing the spelling words.
2. Active spelling task: pyramid spell.
3. Word hunt: look around the house to see if you can find words with your sounds.

**Reading**

Read a book that you have at home with an adult. Draw a picture of your main character and write a description of them.

* Think about how they look.
* What are they wearing?
* What qualities do they have? (kind, caring etc.)

**Writing**

What would you do if you had a pet dragon?

Think about:

* Food
* Where it would stay
* Exercise

Now write a story with a dragon in it.

* Why not add some pictures.

**Maths**

**3D Shape**

Have a hunt around your house to see what 3d shapes you can find.

Create a tally chart that you could use to record your findings as you hunt for 3D shapes. Keep a tally of how many you find of each shape.

What was the most common 3D shape in your home?

Tell an adult 5 things about 3D shapes.

**Other Ideas**

1. Look outside and have a look to see what animals you can find and draw them.

It might be a butterfly, a bird, a squirrel, a dog.

1. The Ancient Egyptians: Draw the River Nile and write 4 facts about it.
2. Use Education City and Sumdog to complete the games set.