**PE**

A good way to start your day is with a little exercise. Every morning Joe Wicks will be live streaming a free PE lesson on his YouTube channel at 9am. You can access it through this link:

<https://www.youtube.com/user/thebodycoach1>

Cosmic Kids Yoga is another great way to relax and start the day.

<https://www.youtube.com/user/CosmicKidsYoga>

**Literacy**

**Phonics**

This week we will consolidate thesounds

e f b h

1. Practice reading and writing different words that contain each phoneme.
2. Search for Geraldine Giraffe and the phoneme on YouTube to see Geraldine finding lots of sounds around her home.

**Reading**

Read a book that you have at home with an adult. Draw a picture of your favourite part of the story.

**Sight Words**

a, the, I, is, he, she, his, as, has, to, do, no, go, me, my, of, off, have, you.

1. Practice reading and writing your sight words.
2. Find your sight words in your book.

**Maths**

**Growing Patterns**

Find some objects around your house or in the garden (eg. sticks, buttons, rocks, socks) to make a Growing Pattern. Remember Growing Patterns start at 1 and they grow until they reach 10.



**Other Ideas**

1. Collect some items from your garden (e.g. leaves, twigs, stones) and use them to create a piece of art work.
2. People Who Help Us – Draw a picture of someone that helps us. Remember we have already learned about Firefighters and the Police. Can you think of anyone else that does a job to help us.
3. Use Education City and Sumdog to complete the games set.