

I was feeling...



feeling name
EMOTION WORD

It made me...



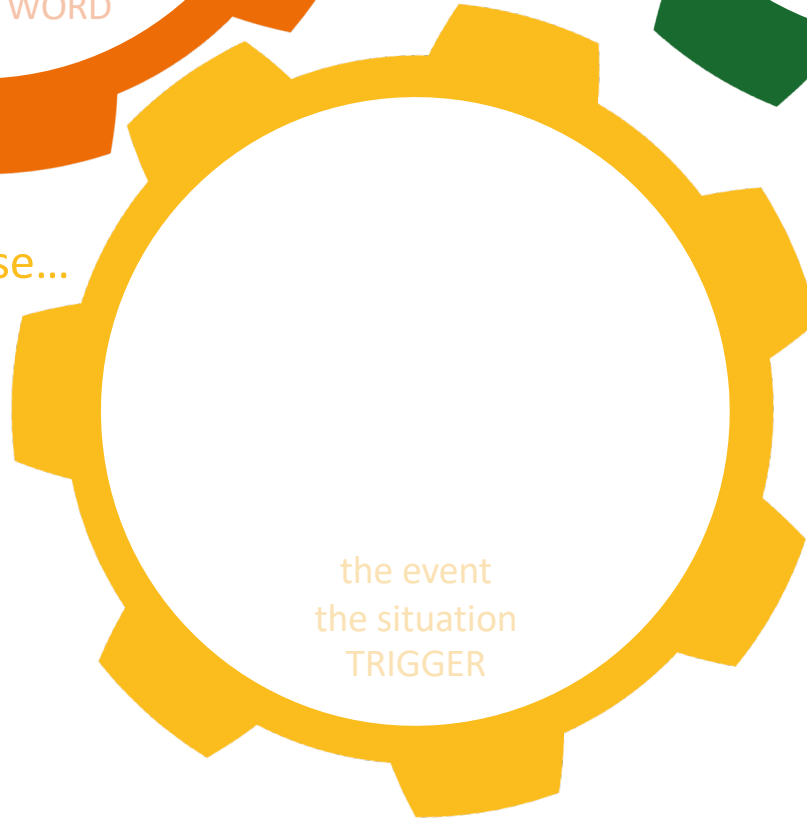
facial expression
action
words
BEHAVIOUR

It didn't feel
nice so I...



do something
ask for something
solution
STRATEGY

because...



the event
the situation
TRIGGER