

Think Standard Stress S

It's not just a kids' problem

Teenagers, young adults and adults who have no or incomplete immunisation may be at risk of Measles.

Symptoms include:

- High fever (temperature over 38°C)
- Rash sometimes starting around the eyes
- Sore, red eyes (Conjunctivitis)
- Cough
- Flu like symptoms

Please advise your nurse or doctor now if you are unsure about or have not had your MMR immunisations.

For more information go to www.immunisationscotland.org.uk

