**Olympic Studies Centre**
Villa du Centenaire
Quai d’Ouchy 1
1006 Lausanne
Switzerland

18th May 2020

**Dear Boys and Girls of ­­­Falla Hill Primary School.**

It is with regret that I write to inform you that we have had to postpone the 2020 Olympics in Tokyo due to the ongoing restrictions in place for everyone’s safety. We are all deeply saddened by this and it is only the third time in history that this has happened and not since 1944.

We are writing to you as we really need your help. We are worried that Olympic spirit is going to fade and the Olympic torch is going to go out. We need you to help us keep the Olympic spirit alive and save the Olympics so that it can happen again once things are back to normal.

We propose that each class will be assigned a country that they will represent. You will be given a number of tasks to complete in order to gain medal points. You will even be part of your very own Falla Hill Olympics in weeks to come. If you are successful and earn enough points you will save the Olympics! I will be sending the challenges to your teachers who will then give them to you.

Please let your teachers know if you are willing to participate. I am so hopeful that you might be able to help us I can already feel my Olympic spirit rising! I look forward to hearing from you and seeing all your challenges.

Yours Sincerely.

Thomas Bach

**Olympic Committee President**

We are going to do Olympics themed learning for the next few weeks. Try and recreate these sports in your house/garden. You are all part of team United States of America and complete the activities to gain points and medals. (You can email pictures of you doing the activities to: wlfallahill-ps@westlothian.org.uk

Week beginning – 18.05.20 Maths/Numeracy/PE

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| PECan you use a watch or stop watch to time the people in your household running 20 metres. If you have a measuring tape you can use this to measure out 20 metres if not then you can estimate.  | Can you write down the times for the running and put them in order from smallest to largest. The person with the fastest time would get 1 point on the poster you created.  | The following runners ran 100 metres. Which runner was the fastest?  Mo Farah – 10 seconds Usain Bolt – 10.5 seconds Samuel – 12 seconds  Tiki – 11.5 seconds  |
| PECan you try the long jump and measure how far you and your family members were able to jump?You can use a measuring tape or you can use a more creative way to measure the length (using feet span, hand spans, ruler, cup etc)  | Olympics timetable – copy out the timetable and answer the questions. Create your own timetable afterwards of your day. Write your own questions/answers. Day Time Sport Time SportMonday 8:00 Basketball 11:00 SwimmingTuesday 8:30 Golf 10:30 BaseballWednesday 7:00 High jump 8:00 SwimmingThursday 9:30 Softball 12:00 Handball Friday 11:00 Gymnastics 2:00 TennisSaturday 11:30 Boxing 3:00 RunningSunday 9:30 Swimming 4:00 Baseball 1. How many hours between basketball and swimming on Monday?
2. What time is Golf at on Tuesday? (Is it an o’clock or half past time?)
3. On Wednesday High jump is at 7:00, what time is 7:00?
4. How many hours between softball and handball on Thursday?
5. Which is the earliest time on the timetable?
6. Which is the latest time on the timetable?
7. What time is swimming at on Sunday?
8. How many sports begin at 11:00?
9. Draw the hands on the clock for the time of the boxing on Saturday.
10. Draw the hands on the clock for the time of the baseball on Sunday.
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| PECan you try out tennis or badminton and count how many times you can hit the ball/shuttle without it going to the ground. Try this a few times and record the numbers. Write a list of the even and odd number of rallies you managed to do.  |