

# Around the World in 80 Days

Mark Beaumont - Around the World in 80 Days

Mark Beaumont is a person who rides his bikes in lots of different places. In 2008, he rode all the way around the world. Mark loves to give himself a challenge.



He decided to ride around the world in 80 days. This would break the existing world record. He travelled 18 000 miles, through 14 different countries. He was on his bike all day, for 11 weeks, without a break.

As Mark was doing so much cycling, he needed to get lots of energy from his food and drank plenty of water to stay healthy. He needed to rest his body when he could.

Mark broke the record and cycled around the world in 79 days!



# Questions

1. What does Mark use to travel? Circle **one**.

 a car

 a bike

 a boat

2. Finish this sentence:

Mark wanted to travel around the world in...

 80 days

 80 weeks

 80 hours

3. What did Mark need plenty of? Tick all that apply.

TV

rest

water

heat

football

food

4. How many weeks did Mark cycle for? Tick **one**.

 5 weeks

 11 weeks

 16 weeks

5. How many different countries did Mark cycle through? Tick **one**.

 8

 10

 14

# Answers

1. What does Mark use to travel?

a car

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# Around the World in 80 Days

Mark Beaumont - Around the World in 80 Days



Mark Beaumont is an athlete who rides his bike in lots of different places. He has cycled many miles all over the world and loves to give himself a challenge.

His next big challenge was to ride his bike around the world in 80 days. He had cycled around the world before but he wanted to break that record. He visited lots of different cities and travelled through 14 countries. Mark cycled about 240 miles every day and was riding for 11 weeks without a break. To get ready for this, Mark tested his equipment by cycling around Britain first.



It was very important for Mark to stay healthy during the 80-day ride, so he drank plenty of water and ate lots of energy-rich food to keep him going.



Mark broke the existing world record and cycled around the world in 79 days!

# Questions

1. Complete the sentence: Mark Beaumont is an \_\_\_\_\_

swimmer

athlete

actor

2. How far did Mark cycle each day? Circle **one**.

160 miles

240 miles

320 miles

3. How many weeks did Mark ride for without a break? Tick **one**.

16 weeks

11 weeks

20 weeks

4. How did Mark test his equipment? Tick **one**.

by cleaning it

by cycling  
around Britain

by cycling  
really fast

5. How many different countries did Mark travel through?

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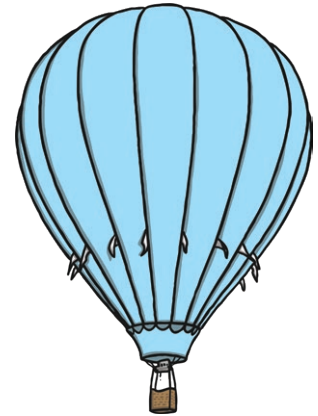
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**14 countries**

# Around the World in 80 Days

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Last year, Mark Beaumont, an athlete, tried to make history by cycling around the world in just 80 days. This challenge was made famous by a book called, 'Around the World in 80 days', by Jules Verne. The main character, Phileas Fogg, tries to travel around the world using hot-air balloons, trains and boats but Mark Beaumont cycled the whole way. Mark had cycled around the world before but this time, he had a record to break!



Mark covered an amazing 18,000 miles in order to complete the challenge. He rode for around 16 hours every day, for 11 weeks! He did little else other than ride, eat and rest. He travelled through 14 different countries, across Europe, Asia, Australia and North America.



Preparing for the challenge was very difficult and took lots of time and money.

Most importantly, Mark needed to be fit enough to complete the challenge and have just the right equipment. To test both his equipment and his fitness, Mark cycled around the coast of Britain. This challenge began in London and covered 4,200 miles in just under three weeks.

Incredibly, Mark broke the existing world record and cycled the route in 79 days! This was 44 days less than his previous attempt.



# Questions

1. Who wrote 'Around the World in 80 Days'? Circle **one**.

Phileas Fogg

Jules Verne

Mark Beaumont

2. How long did Mark ride for each day? Tick **one**.

16 hours

11 hours

14 hours

3. Tick **two** continents that Mark visited.

Africa

Asia

Europe

South America

4. How far did Mark travel around the British coast? Tick **one**.

18,000 miles

420 miles

4200 miles

5. What does 'equipment' mean?

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6. If you could set Mark's next challenge, what do you think it should be?



# Questions

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4. How far did Mark travel around the British coast?

18,000 miles

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4200 miles

5. What does 'equipment' mean?

**Equipment means the things somebody needs, like a helmet, food, water, maps that he will need to take with him. (or similar answers)**

6. If you could set Mark's next challenge, what do you think it should be?

**Varied answers applicable but must relate to topic / previous challenges.**