



Activities for 5-7s

Number 7 16/06/2020

Activity 1: Chatting online

- Many young children will now be using phones, tablets or laptops to stay in touch with friends and family via video-chat. Video-chatting can be a fun way for young children to engage with others. If your child is taking part in a video chat, always make sure the chat is **password-protected**, so that only invited people can join.
- If your child is taking part in video chats, ask what they think about it. What do they like and dislike about it? Explain that they should only video chat with family and trusted friends, and an adult should always be with them when they video chat.
- Remind your child to **Tell a Grown Up (TAG)** if they see or hear anything while video-chatting that makes them feel worried, scared or sad.
- Ask your child to complete the 'Chatting Online' activity below. Help them to read the video-chatting scenarios and choose the correct response by pointing to it on screen or colouring/decorating the word– be as creative as you like!

Activity 2: Being Kind Online

- Discuss with your child what being kind to others means – can they think of some examples of being kind? They might come up with: sharing toys with a friend, smiling at someone, saying something nice to someone etc.
- Let your child know that talking to friends and family online is the same as talking to friends and family offline. Discuss with them how they and others should behave whilst chatting online. Let them know that it's never ok for anyone to say nasty things on video-chat or make them do anything they don't want to do. It's ALWAYS ok for your child to say 'No' and Tell a Grown-Up (TAG) if they ever feel uncomfortable online.
- Support your child to create an 'Acts of Kindness Jar'- you can use any jar or pot you have around the house. Help your child to write or draw acts of kindness on strips of paper, cut them out and put them in the jar. How many acts of kindness can they think of and do? Here are some ideas to help them:
 - Say something nice to someone
 - Film a video message for a family member (with a grown-ups help)
 - Help someone do something around the houseFor extra fun, why not help your child decorate their jar too!
- Reinforce the message that even small, simple actions can have a really big impact on other's lives. This is the same when interacting with others online. If anything makes them feel worried, scared to sad they should tell you or another grown-up they trust.

About Thinkuknow

Thinkuknow is the online safety education programme from the National Crime Agency. Once a fortnight, on Tuesdays, we will produce an activity sheet to help you support your child while schools are partially closed.

You'll find lots of support and advice for parents and carers on keeping your child safe online at www.thinkuknow.co.uk/parents/.



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Chatting Online

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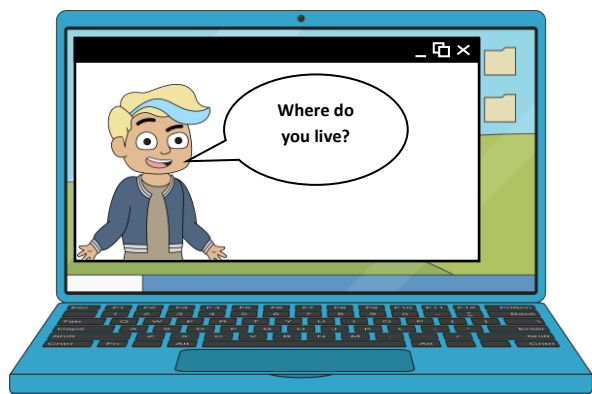


Mo loves video-chatting. Can you help him TAG (Tell A Grown Up) when he sees something that might make him feel worried, scared or sad?

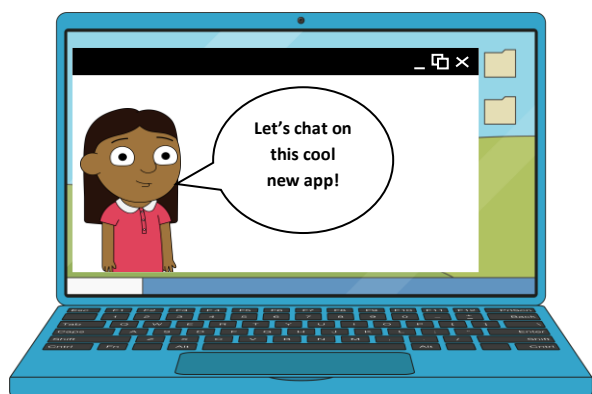
Colour in 'OK' if you think Mo is OK, or 'TAG' if you think Mo should tell a grown up.



TAG / OK



TAG / OK



TAG / OK