

Right way, Wrong Way

Today you are going to play a game at home that you might recognise from school as “Domes and Dishes” or “Volcanoes and Craters”

Warm Up

Find a safe place to warm up and then copy the moves from Jump Start Johnny “Everything is Awesome” <https://www.jumpstartjonny.co.uk/home>

Main Activity

1. Find a space to play to this game
2. Find approximately 10 items (cones or teddy bears or toys) and lay them out the wrong way up in a space
3. Start a timer (or ask an adult to do start a timer)
4. Move quickly to turn them the right way up
5. Stop the timer once all they are all turned up the right way.

You can watch this video on how to play if unsure

<https://www.youtube.com/watch?v=YpnSgcqVxXg&list=PLnwoPgo24bhmqV8Y76iXnwYw9T9AlxbqJ&index=13&t=0s>

Things to consider

1. Were you balanced and on the balls of your feet to move?
2. Did you move quickly and sideways between items?
3. Could you do it again and get quicker?

Extension

Play against someone else.

1. Start with some items turned the wrong way and some the right way
2. Decide who wants items the right way and who the wrong way
3. Set a 3 minute timer and both of you start to change the items over
4. At the end of 3 minutes see who has the most items their way

Watch this video on how to race against someone else with Right Way Wrong Way

<https://www.youtube.com/watch?v=Wk9j5oRqWRs&list=PLnwoPgo24bhmqV8Y76iXnwYw9T9AlxbqJ&index=12&t=0s>

Were you Awesome?