



CRITICAL SKILLS CHALLENGE SPORTS TECHNOLOGY

INFORMATION:

Begin by looking at the following: <https://www.bbc.co.uk/sport/athletics/51324991> and watch the video.

We are going to look at technology in sports with this challenge.

Eliud Kipchoge was the first athlete to run a marathon in under two hours in October 2019 and people said it was something to do with the shoes he was wearing. As a result, the shoes were to be banned because people said they gave him an unfair advantage over the other runners.

THE CHALLENGE:

Your challenge is come up with a design for your own pair of running trainers. These running trainers should enhance your running and make you even faster and even better.

Your design should be clear, coloured and informative. You should include pieces of information and labels explaining each part of your running shoe and the job they do.

Criteria	U	1	2	3	✓
I have designed a pair of trainers.					
I have thought about each part of the trainers and carefully planned what it does.					
I have included detail and labels within my design to clearly explain each part of my trainer.					
My design is colourful and informative.					