

## PE



Mrs Ferguson has created a fantastic game for you to try this week...

You will need 5 teddy bears, an empty toy box/bucket and a cushion

1. Find a place to put your empty toy box (maybe your hall or livingroom?)
2. Take 3 big steps back from the empty box and place your cushion down as your starting point.
3. Throw the teddy bears one at a time to try to get all 5 teddy bears into the box.
4. Keep trying until you manage all 5 in a row. Keep a record of how many times you got 5/5. After playing have a think about how you could adapt the game to make it harder.

There is an accompanying video on the learning journal message where you can see her son having a go.



## Listening Skills

Andy (from Andy's dinosaur adventures) has created a series of radio programmes where he travels to different areas of the world for an adventure. Listen to the programme and think about the different things you can hear as Andy travels around. After listening draw a picture of one of the scenes you heard about in your jotter.

<https://www.bbc.co.uk/cbeebies/radio/andys-sound-adventures-british-woodland-adventure>

Next time you are out on a walk why don't you close your eyes and listen carefully to the sounds you can hear. Talk about them with an adult.



## Interdisciplinary



## Health



For the past few weeks we have been thinking about healthy and unhealthy foods and the things we like to eat. We are now moving on to learning about farms. Can you think about some foods and drinks that come from a farm.

In your jotter draw 10 things that you like to eat or drink that comes from a farm.

Here is an online game you might want to try

<https://coolfoodplanet.org/6-8/farm-land/match-the-food/>

You need to match the food to the animal or crop it comes from.



## Farming

This week we are beginning a new topic of interdisciplinary learning. We are going to start looking at farming (the different types of farms, the job of a farmer, products we get from farm animals and crops, and how farms in Scotland are different from farms in other countries etc).

Talk to an adult in your house about everything you already know about farms. Think about if you have been to a farm before, what foods farms give us, who works on a farm, where you find farms etc.

Make sure that you talk about the role of a farmer; what they do, what they wear etc. On a piece of paper or in your jotter draw a picture of a farmer. Make sure that your picture covers the whole page. Feel free to look on the internet for pictures you can copy or look in any books you have in your house.

Instead of colouring your farmer in, we would like you to design his or her clothes using collage. Tear or cut up pieces of paper, tissue or magazines you have in your house and stick the small pieces on to create interesting patterns.

Remember that a farmer has to wear clothes that are comfortable and can get mucky.