

Dear Parent/Carer

We want our school to be 'head lice free'. Please find a pack to support you with keeping your child 'nit free' as a gift from the Parent Council. Head lice don't care where they find a home. Children play and work very closely together – often with their heads touching !

There is a nit comb and very useful information in the NHS leaflet and a You-tube clip to help you – just use this hyperlink –

<https://www.youtube.com/watch?v=IxA59erWM5w>

Remember :

- **Treatment is free from 'minor ailments' at the chemist**
- **Don't use as a preventative treatment**
- **Checking weekly is best**
- **Using conditioner on the hair when washed makes it easier to comb the hair through**
- **Treat as per the instructions on the packet**
- **Most treatments say to treat the hair again a week later**

If we all check weekly and treat when needed all our children and families will benefit.