

Overview of H&WB

Learning through health and wellbeing promotes confidence, independent thinking and positive attitudes and dispositions. It is the responsibility of every teacher to contribute to learning and development in this area.

Main Purposes of Learning H&WB

Children and young people will develop the knowledge and understanding, skills and capabilities and attributes which the need for mental, emotional, social and physical well being for life.

Pupils will:

- make informed decisions
- experience challenge and enjoyment
- experience positive aspects of healthy living
- establish a pattern of health and well being for life

Practitioners Roles

- make pupils feel happy and safe
- promote positive behaviour across whole school and community
- work collaboratively to ensure progression and continuity
- prepare pupils for life long health and well being
- create and maintain a positive ethos and climate of respect
- promote positive and supportive relationships across the school community
- be aware of practical responsibilities such as anti-discriminatory, anti-bullying and child protection

Partnership Working

- engages the active support of parents and carers
- reinforces work across transitions and planning across sectors
- maximises the contributions of the wider community
- draws upon specialist expertise
- through careful planning and briefing, that come together to achieve coherence and progression.
- make use of different professions to make specialist contributions, including developing enterprise and employability skills.

HWB Across learning

learning permeates the whole curriculum
Critical skills challenges to apply and develop skills and qualities.



Impact

Pupils should be:

- nurtured
- active
- respected and respectful
- responsible
- included
- safe
- healthy
- achieving



Successful Learners
Confident Individuals
Responsible Citizens
Effective Contributors

Features of Effective L&T

- inclusive of pupils in decisions particularly those that impact them directly
- pupils have awareness and understanding of their rights and responsibilities in relation to the UNCRC
- uses a variety of approaches including active, cooperative and peer learning and effective use of technology
- positive use of outdoor environment for quality learning
- pupils participate in experiences which are varied, relevant, realistic and enjoyable

Skills/Qualities for Life

decision making, gross/fine motor skills, organisation, communication, creativity, ICT, collaboration, co-operation, reflection, resilience, commitment