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**Pupils have learned about how the brain works. They have investigated the different parts of the brain and how our brain is like a muscle and it can grow by making new connections and challenging yourself.**



*“When you are learning new things your neurons are firing which means you are learning.” Keigan*

*“Your brain grows bigger when you learn something new.” Isabel*

We have developed a Growth Mindset culture where we focus on changing our words to change our mindset; “ I can’t do this” becomes “I can’t do this…YET.”

In a fixed mindset pupils believe their basic abilities, their intelligence, their talents, are just fixed traits. They have a certain amount and that's that.

In a growth mindset pupils understand that their talents and abilities can be developed through effort and persistence.

At Bankton we are encouraging all learners to have a Growth Mindset.

*“A Growth Mindset is where you never give up and you keep trying.” Logan*

*“A Fixed Mindset is where you think you are the best and you don’t need to try. It also means that you give up easily because you think that you can’t do it.” Laura*

We are in the process of creating a culture where mistakes are seen as learning stepping stones and learning opportunities. Pupils are not to see mistakes as negative or bad but as opportunities to develop and extend their learning. Mistakes can be beautiful, mistakes help us learn. Teachers make mistakes too... ☺

*“Mistakes are good to make because you learn from them.” Matthew*

*“Mistakes are proof that you are learning.” Brooke*



We need your help so that you can share the same key messages at home that we are sharing and promoting in school. You can help support your child at home by;

* Asking “What did you learn today?”
* Show interest and appreciation on the process and effort of learning, not just the finished article of work!
* Celebrate mistakes – ensure that pupils understand the mistakes they have made and how mistakes help them learn.
* “What mistakes did you make today?”
* The power of ‘yet’ - “I can’t yet”
* Encourage challenge – “What challenged you the most today at school?”
* “What are your next steps in numeracy?” “What will help you achieve your target?”

Here is someone with a Growth Mindset! 

<https://www.youtube.com/watch?v=EUm-vAOmV1o>

An overview of Growth Mindset.

<https://www.youtube.com/watch?v=-_oqghnxBmY>