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| **When was the first clock made? - how did they know what time it was!? Make a fact file or powerpoint about the history of measuring time from ancient times to the present times**. | | | | |  |
| **Literacy** | **Spelling**  **Long 'a' sound ai ay eig**  Copy your words down in your best handwriting underlining ai, ay eig  **Green - overpaid displaying sleigh weigh neighbour eighty *//bruise correspond criticise equipped harass lightning*** Write a sentence for each word practise spelling your words - musical speed spelling | **Reading and Comprehension**  Read the next chapters of Fir for Luck and do 3 of the tasks on your activity grid - in your home pack  OR  Choose a book you have read / are reading and write a summary of it. Who would you recommend it to? | **Listening to a song's lyrics** **, be a song writer**  Think of a song you know that makes you feel happy and upbeat when listening to it .  Write out the lyrics (words) underline your favourite part.. What do the lyrics mean to you? Why do you like them ?  **Be a song writer** - write lyrics that have a positive, inspirational message . Help on link below.  <https://www.bbc.co.uk/teach/class-clips-video/english-ks2-write-song-lyrics/zhnh7nb> | **Science - waves and vibrations**  **How do we hear?**  Draw a labelled diagram of the ear  https://www.ducksters.com/science/hearing\_and\_the\_ear.php https://www.youtube.com/watch?v=j4Sli1dsCrA extn  EXT How does a radio work? | **Ramadan R.M.E**  Last week the Muslim festival of Ramadan started .  Watch the 2 videos about Ramadan on the newsround link below. Research to find out more - take notes then.  Write 5 facts about Ramadan .  <https://www.bbc.co.uk/newsround/23286976> |
| **Maths Time** | **Timetable**  **Make a table like this in your jotter and record what you do all day**   |  |  | | --- | --- | | Time  Start Finish | Activity | |  |  | |  |  |   Add another column to the table, label it **duration** and write how long you took on each activity  *help with household jobs, look after pets, shower, breakfast , schoolwork, play outside, computer games, watch movie, facetime friends , cook ,walk, cycle, watch T.V., dance, sleep , meal etc* | * **Time Hunt**   **How do you find out what the time is in your home?** Count and make a list of devices in your home to tell the time both digital and analogue - and moveable! Challenge an adult to find them all. <https://www.bbc.co.uk/bitesize/topics/zkfycdm> different ways of telling the time . | * **Make a Sundial**   On a sunny day - Find a stick , put it in the ground and mark where the shadow falls on the hour every hour, what do you notice? This is an ancient way of telling the time <http://www.sciencekidsathome.com/science_experiments/sundial-1.html> | In a minute !!Make a list of 10 things you think you can do in a minute . Get a timer and challenge yourself to do the 10 things.Here are some ideas; Make a paper plane, run round garden 3 times, Write name 10 times ,Count up to 1000 in 10s,Throw and catch a ball 20 times, Draw a cat, Write odd numbers to 29,Get dressed | **Tic Toc**  **Have fun playing with the interactive teaching clock or a normal clock** Ask yourself w hat will be the time in **;**  1/4 hour 10 minutes 2 hrs  What was the time r 1/2 an hour ago 1/4 hour ago etc  <https://www.topmarks.co.uk/time/teaching-clock> |
| **Health and Wellbeing** | **Bounceback**  Practical strategies to improve wellbeing and resilience.  **Make a list of 6 things you are grateful for and appreciate in your life at the moment. Share your list with someone at home. Suggest they make a list too. .** | **It is good to laugh**  Gather together 6 jokes, a funny face and a funny walk - put on a comedy show for your family | **Cardio Exercise 1minute**  How many of these can you do in 1minute?  Star jumps  Sit ups  Squats  Press ups full or on knees  Running on the spot - paces  Rest for 5minutes then repeat | **Mindfulness - meditation for kids** <https://www.newhorizonholisticcentre.co.uk/kids-meditation.html>  Choose one of the 20 minute long audio creative visualisations ...and relax. | **Safe in the Sun**  Create a poster safe in the sun  <https://www.bbc.co.uk/newsround/48609398> - - take the quiz <https://www.educationquizzes.com/ks2/personal-social-and-health-education/sun-safety/> |