



## Strategy Sheet to support learning at home

<p><b>General ideas to support concentration</b></p>	<ul style="list-style-type: none"> <li>• Create a visual timetable for the day (using creative skills so children know what is expected of them for the day).</li> <li>• Vary the way information is provided eg pictures, diagrams, online learning, YouTube, written, doing etc.</li> <li>• Use a timer either to set personal timed challenges (i.e. “I think I can do this in XX minutes” then check if this has been achieved. Or “How long do you think it will take you to do this task then break it into small chunks. This can often have a positive impact on volume and pace of work.</li> <li>• Working in a quiet area of the house (if possible!) to complete tasks,</li> <li>• ensure regular “brain breaks” – every 20 minutes or so. Again, include these within the visual timetable to make them visible for children.</li> <li>• Use a fidget toy to support concentration? Children working at home may find it useful – perhaps experiment with this at home?.</li> </ul>
<p><b>Supporting Literacy</b></p>	<ul style="list-style-type: none"> <li>• Find a quiet space and time for reading. If possible, try to read every day.</li> <li>• Praise efforts at regular intervals.</li> <li>• Make praise specific – “I liked the way you have written that sentence..... You have used really good vocabulary here...</li> <li>• Encourage reading a variety of materials eg read a magazine, book, news online etc.</li> <li>• Take advantage of the many opportunities there are online for free audio books. <a href="https://www.audible.co.uk/">https://www.audible.co.uk/</a></li> <li>• Keep written tasks simple and short. Any extended writing tasks can be worked on over the course of a few days. For example, plan the writing task on day 1 – break it down into chunks. The next day, focus on the beginning section etc – again you could make a mind map of ideas which can be ticked off as it is completed</li> <li>• Set targets at the beginning of each writing task as to what you want children to achieve in the session.</li> <li>• Use ICT if children prefer for written tasks</li> <li>• Encourage use of mind mapping/spider webs/bullet points etc as a way of recording written learning.</li> </ul>
<p><b>Supporting numeracy and mathematics</b></p>	<ul style="list-style-type: none"> <li>• Break the session into written and online games tasks, keeping each to a maximum of 15/20 minutes at a time (or shorter if necessary).</li> <li>• Encourage children to help out with “real life” maths, for example cooking – measuring and weighing (when making dinner, breakfast etc) Telling the time - relating it to your daily routine. E.g. Estimating length of time, it would take to walk to Tesco and back</li> <li>• Make maths learning posters – Children can draw/make/type a poster of a concept they have been learning.</li> <li>• Make a lesson to teach a family member</li> <li>• You may find ‘Education Scotland’s Parent Zone’ on learning at home useful (not just for numeracy and mathematics)</li> </ul>