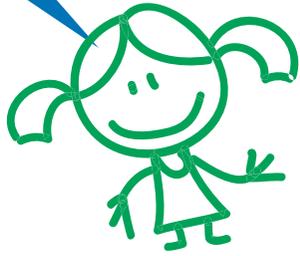


Moving classes

I'm scared to move class. I don't know anyone



Don't worry it'll be ok.



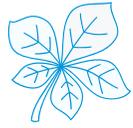
Moving class can be exciting. Remember, you are not alone!



It's going to be ok.



If you want more information, talk to your teachers, your parents or your friends.



Information to help Parents and Carers make the best choice
Information Service: 01786 404040

Clackmannanshire Council
Phone 01259 450000
Email customerservices@clacks.gov.uk
www.clacksweb.org.uk

Stirling Council
Phone 01786 404040
Email info@stirling.gov.uk
www.stirling.gov.uk

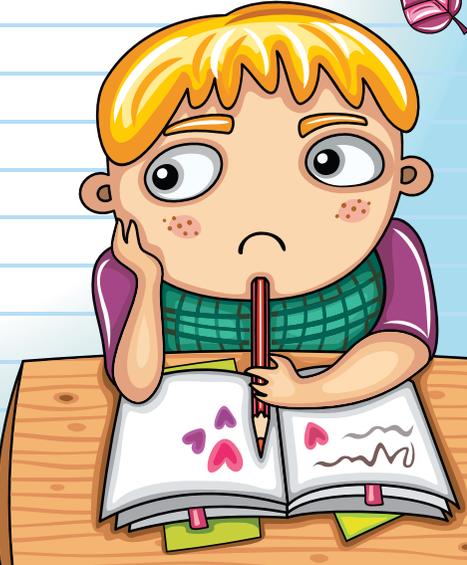
Formats
Copies of our leaflets are available by request in a range of other languages, large print and on audio tape. To request articles in any of these formats please email or call 01786 404040.



Education Service Moving Classes Advice for you

I'm scared to move class. I don't know anyone.

It's going to be ok.



Introduction



Classes change all the time.

Here are some reasons why:

- people leave and join your school
- you move up levels
- and you can't stay in the same place all your life

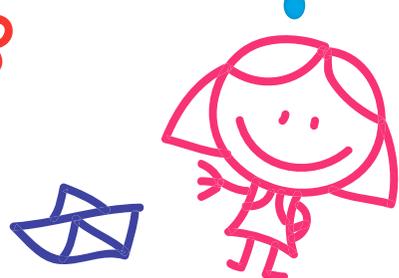
It's going to be ok.



I think I will lose my friends... and I will miss them.



I felt kind of happy and kind of sad.



Make lots more friends and be happy!

Here's a few things that might help you when moving classes:

Your headteacher talks to you about moving classes and this makes you comfortable about changing. You will be with friends and also make friends in your new class. If you're not in the same class as your friends, you can still see them:

- at break
- at lunch
- after school
- at clubs
- on outings

Who can help you?

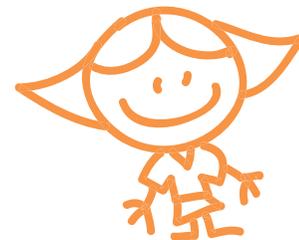
- your teacher
- your mum and dad
- your friends
- your gran or grandad
- talking to your pets



top tips!
Talking to your pets might seem a little silly but sharing your feelings helps.



I was excited because I would make new friends



I wasn't scared I liked it



I feel settled now



Now my old friends and new ones play together

Don't worry - be happy!

