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| Our Wellbeing Indicator for September is: Safe |
| **Monday 7th**Watch a video online about how to wash your hands properly. Have a practice at home and in school. | **Tuesday 8th**If you walk to school STOP, LOOK, LISTEN AND THINK IS A GOOD CODE for crossing the road. Talk to a friend or you teacher about how to use the code. | **Wednesday 9thth**Reflection:If you walk or cycle to school, what do you do to make sure you are safe? | **Thursday 10th**Tell someone in your family an example of how someone has helped you in school this week. What did they do? | **Friday 11thst**Can you complete the sentence from our posters in school about sneezing or coughing with a tissue. Catch it, \_\_\_\_ it, Kill It.  | **Saturday 12th and Sunday 13th**Relax and enjoy spending time talking with friends and family. |
| **Monday 14th**For all of this week’s challenges, pick True or False. Talk to your teacher or a family member about your answer. | **Tuesday 15th**During a fire drill at school, it is ok to go back inside to get your jacket. True or False.  | **Wednesday 16th**All medicines are safe.True or False. | **Thursday 17th**It’s important to be safe when online. You should talk to a trusted adult if you think something is wrong. True or False. | **Friday 18th**It’s ok to share personal details or your password online. True or False. | **Saturday 19th**Spend time outdoors with family or friends. Can you learn a new game? | **Sunday 20th**Relax and enjoy time to spend talking with friends and family. |
| **For the last week, you can choose to complete one of the following creative tasks. The links might help you with some ideas.**1. **To be able to design an attractive, eye catching poster or cartoon strip about crossing the road safely.**

[**https://www.bbc.co.uk/bitesize/topics/zfcvhbk/articles/z62nxyc**](https://www.bbc.co.uk/bitesize/topics/zfcvhbk/articles/z62nxyc)1. **Create a short video, a poster or a talk about top tips to stay safe online.**

**https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/staying-safe-online/** | **Well done for taking part in Safe September!** |

Our Vision: We Care for Each Other, We Care for Ourselves, We Care for the Environment



Drymen’s Wellbeing Works



**Please tag us in any photos of the Drymen Wellbeing Works on Twitter @Drymenprimary**