

# Drymen Primary School

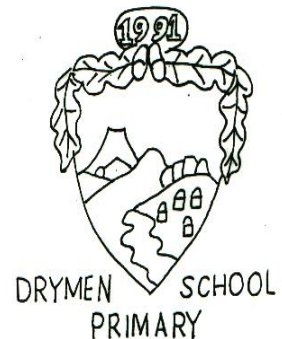
## Our Anti-Bullying Charter

“You don’t have to like me...agree with me...or enjoy the same things I do.

But you do have to **respect** me.”

### Bullying Can Be

- Physical
- Cyber
- Verbal
- Silent



### What are my options?

**It doesn't help to bottle things up.**

- You could tell an adult
- Keep a diary of what has happened
- Ignore it
- Tell them to stop. “I don’t like that and I will tell an adult.”
- Block or report users online

