



# Cornton Nursery Family Newsletter June 2022

Dear Parent/Carer

## **Policy updates**

### **Nutrition update - Reheating Food from Home**

We are in the process of reviewing our policies and procedures regarding Healthy Eating including Snacks. In addition, we are developing a range of information leaflets to help support our families with ideas for inexpensive lunches and healthy eating options.

### **Bringing Food from Home**

If you want to bring in hot food from home, it must be brought into the nursery already heated in a flask. Staff can give this to your child from the flask, but unfortunately we are unable to reheat due to a high risk of food poisoning. Just to make it clear, we are not saying that you cannot provide hot food for your child, it is that we are unable to heat this up at the nursery as it is classed as cooking the food again. Hot lunches can be ordered from our school kitchen if you would like that option. If you feel that you would like more information about this please come and speak to myself or Lyndsay.

### **Nut Free Lunch Snacks: Please Double-Check Ingredient Labels**

Nuts can sneak into some products without being an obvious ingredient, so always be sure to read through the item's label before packing something for lunch at school. Some items to especially keep an eye on are gluten-free snacks (which often contain nut-based flours), fried foods (that may be cooked in peanut oil), or sauces (mole, pesto, and other favourites are sometimes prepared using nuts).

Some of our families have been asking for ideas for nut free snacks for lunch boxes, therefore we have been researching ideas to produce a helpful leaflet. With this in mind, we would really appreciate if parents/carers could give us

ideas they may have so we can add to this. Lyndsay Gass, PECE, will put a consultation poster in the main corridor to gather your ideas.

## COVID

Our latest Care Inspectorate and Local Council advice is that face coverings, remain encouraged, but are no longer routinely required in well ventilated spaces and / or where you are not mixing with people you would not normally meet. Risk assessments are carried out, by individual settings, to clarify guidance mitigations for when staff are; in crowded spaces, in close contact with external visitors, or where it is particularly difficult to maintain appropriate ventilation or distance. We would be grateful if you can continue to be mindful and use the hand sanitisers when arriving and leaving nursery. The main corridor can become busy at certain times, therefore, we would you please ask you to continue to socially distance where possible when arriving and leaving. We take safeguarding our children and families very seriously, therefore, we respectfully ask you NOT to hold the door open for other people to ensure safety for all. <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-guidance-for-households-with-possible-coronavirus-infection>

## Transitions

Our Transition for all our pre-school children is working great and by now all of your children should have been involved with visits with yourself to the primary school. The Oak room staff have been involved with weekly trips to the school outdoor environment and this is giving them great opportunities to talk to each other and staff, discussing the exciting opportunities ahead. To finish off an exciting year we will have a Leavers Ceremony on Tuesday 21st June between 2.30 and 3.30 pm. (Further details to follow)

### Room to Room Transitions

If your child is transitioning through to another room in the new term, your keyworker will ensure you know when and how this will take place. To ensure the Transition goes smoothly they will be organising informal visits through to the rooms during the summer begin building relationships and meeting new friends.

### Starting Cornton Nursery

For our new children who are starting Cornton for the first time, we are happy to share we will be restarting our home visits to our new families to ensure they have a smooth transition into the nursery. We previously used to do home visits but these were suspended due to the Covid pandemic.

### **Staffing**

Welcome back Robyn Blair our ECE who has returned this week from maternity leave. She returns to the Oak room working on a Tuesday and Wednesday each week.

### **Spare Children's Clothes**

It is really important that you have spare clothes for your child in nursery. Every child has a red pull string bag so can you please replenish any clean clothes when you arrive into the red bag. Unfortunately, some people are picking up other people's plastic bags and clothes get taken home by the wrong people. We have very little stock of spare clothes available so we may have to call you to bring spare clothes in during the session. Can you please ensure any wet/soiled clothes are taken home, as well as checking the lost property box next to the room door.

### **Outdoor Environment**

Our outdoor environment is needing some TLC especially after the refurbishment was complete, during Covid when there were no staff and children within the nursery. The Outdoor Group has been meeting and have begun consulting firstly with the children and staff to decide what they would like within their outdoor environment. This is obviously going to be a long term project however; we need to start with the large piece of ground next to the acorn garden. Sandra in the room has already made contacts and we have secured quite a few palettes from the local building sites to be made into planters. We will share continuing progress on our social media but it looks like the beginning of quite an exciting journey. If you have any skills you could share, joinery, building etc. or able to spend an hour or so putting down bark on our mud kitchen please make a staff member aware. Thanks in advance. (Tea and biscuits available :))

### **Hot weather**

Due to us coming into the warmer weather can please ensure your child has applied sun cream before they come in. If your child is in longer day's, please make sure they have a sun cream at nursery and staff will apply for the afternoon session.

### **Questionnaires**

We are trying to create a new family friendly information pack on Staged Intervention but before we begin, Lyndsay will be handing out a questionnaire for feedback at arrival and home time. It's only 2 questions and if you can pop them back into the red file box in the entrance hall. Many thanks.

### **Dates for your information:**

Week Beginning 13<sup>th</sup>- 17<sup>th</sup> June: Healthy Living Week which will include healthy eating and sports events throughout the week. (Information on display in the nursery)

Tuesday 21<sup>th</sup> June: Cornton Leavers Ceremony 2.30pm-3.30pm (Details to follow)

Kind regards

Sam, Lyndsay and the Team