

## Ideas to keep you busy and creative at home! (P4 - P7)

- Plan and serve <u>afternoon tea</u> to treat your parent(s) / carer(s)!
- Create a treasure hunt for someone to complete with clues that will lead them around the garden/house and to a final destination.
- Go stargazing in the evening and enjoy the night sky!
- Create a quiz for your family to join in with. You can even connect others to your quiz using technology.
- Carry out some <u>chores</u> to help at home.
- Enjoy some garden bird spotting.
- Build a <u>bug hotel</u> in your garden / outdoor space at your home.
- Make <u>friendship bracelets</u> for your family and friends.
- <u>Design a board game</u> and play it with your family.
- Play a board game.
- Play a game of <u>cards</u>.
- Plan and cook a meal.
- Try some <u>origami</u>.
- Make a scene (diorama) /room using a shoebox.
- Make <u>greetings cards</u> to be kept for special occasions.
- Watch a film and write a film review. Share with your family and friends.
- Complete a Paw Print Challenge.
- Set up a tent indoors / in the garden and have a night of camping! You can make your own tent using materials you may have around the house.
- Make up a dance routine. Choose some music to go with your dance and perform for your family audience!
- Try some of the fun <u>daily live activities</u>.
- Try some yoga (e.g. Cosmic Kids Yoga).

- Plan a sponsored event for charity (e.g. sponsored stair climb, readathon, spelling bee at home).
- Plan and walk / run a route in your local area. You can even join in with "Race at Your Pace".
- Design your own comic / write your own story.
- Make slime / gloop / playdough.
- Decorate a window in your house with art pieces you have made.
- Write postcards to members of your family and mail in the postbox when out on a walk.
- Make a playlist of songs and have a family disco at home! Ensure everyone has the chance to choose their favourite songs.
- Think of your own home enterprise idea (e.g. making products such as soaps).
- Carry out a mindfulness activity (e.g. mindfulness colouring / listening to relaxing music).
- Play bingo at home. <u>Make your cards</u> and have someone call the numbers (an app can help with this).
- Play noughts and crosses.
- Learn some First Aid skills.
- Enjoy a science experiment at home. You can even complete activities to work towards a <u>Crest Award</u>.
- Learn about a time in the past from a member of your family. Record your findings using this template.
- Learn more about and document your <u>family history</u>.

  Create a family tree.
- Learn the flags of countries around the world. Try this game to test your skills.
- Make a time capsule. This could be linked to <u>current</u> events.







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Learn coding / programming skills. The following links may be useful: <a href="https://www.kodugamelab.com/">https://www.kodugamelab.com/</a>

https://www.tynker.com/

https://education.minecraft.net/

https://www.barefootcomputing.org/primary-

computing-resources

https://projects.raspberrypi.org/en

https://code.org/

https://www.apple.com/swift/playgrounds/

- Do a match box treasure hunt. Each person needs to hunt around the house for a set amount of time looking for tiny items to fill their match box. The winner is the person who has the most items in their box at the end. This can also be done outdoors on a walk, searching for natural objects to fit into the box.
- Learn more <u>French</u>.
- Complete some <u>Lego</u> challenges.
- Watch <u>Newsround</u> to find out about events in our country and around the world.
- Use old socks to create <u>puppets</u>. Design and put on a puppet show using your sock puppets.
- Learn a new dance. Follow a Go Noodle dance / mindfulness activity.
- Host a karaoke with your family. Sing your favourite songs together!
- Send a video message to a friend / member of your family. Tell them the best things you like about them.
- → Host an <u>indoor picnic</u>.
- Make a jigsaw puzzle from an old picture, greetings card or food box (e.g. cereal box). Mix up the pieces and solve your puzzle.
- Make a <u>nature wand</u> using twigs and natural materials.

- Create a restaurant indoors. Set the table, take orders and serve a meal to your family.
- Have a <u>pamper day</u>. Have a bubble bath, face masks, foot spa, head massage etc.
- Set up a home salon. Paint nails, apply make-up and offer facials.
- Make <u>ice lollies</u>. This can be done simply with diluting juice and water.
- Play dominoes.
- Enjoy a workout.
- Try some new activities to earn a <u>Blue Peter Badge</u>.
- Make <u>smoothies</u> for your family. Take orders and make individual smoothies to order.
- Make paper aeroplanes.
- Play a game of <u>cards</u>.
- Put on a fashion show.
- Learn to sew or knit.
- Make a homemade bath bomb.
- Make <u>a paper fortune teller</u> and share with friends and family.
- Learn to play a <u>traditional outdoor game from another</u> country.
- Make a <u>"fizzy bottle rocket"!</u>
- Try some pebble or <u>rock painting</u> / decorating.
- Make a home-made <u>sensory bottle</u>, <u>lava lamp</u> or <u>snow</u> <u>globe</u>.
- Make a paper helicopter.
- Make a domino run.
- Make a mini garden in a tray using natural items found in your garden / outdoor space or on your daily exercise walk. Or, try making a terrarium.







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- Make a kindness jar using an old jam jar. Write kind deeds you have done on small pieces of paper and place them into the jar. Fill your jar with acts of kindness!
- Design a marble run.
- Make a scrapbook or <u>travel journal</u> from a holiday or special place you have visited.
- Mave a cinema day with popcorn and homemade tickets.
- Use a piece of kitchen roll as the canvas for <u>beautiful</u> <u>art designs</u>.
- Use growth mindset to <u>learn how to juggle</u>.
- Try pressing flowers.
- Try some <u>gardening</u>. Plant seeds to make an indoor /outdoor garden or to grow your own vegetables.
- Make a <u>string telephone</u> and have fun listening to and giving messages using your phone.
- Make a homemade bird house.
- Film a TikTok and share with close friends and family.
- Read a book and write a <u>book review</u>. Share with your family and friends.
- Start a virtual book club with your friends.
- Study the weather. You can set up your <u>own weather</u> <u>station</u>. You could even film your own weather report!
- Learn some religious stories from the <u>Bible</u> and <u>other</u> <u>world religions</u>.
- Watch <u>Horrible Histories</u> to learn about times in the past.
- Watch the "When I grow up" series to learn more about the world of work.
- Create and publish your own <u>newspaper</u>.
- Film and share your own T.V. show. You can use this to teach others new skills such as cooking or crafting.









