

Cambusbarron Primary School: Medicine and Drug Awareness Focus

Learners develop their understanding of the use and misuse of a variety of substances including over the counter and prescribed medicines, alcohol, drugs, tobacco and solvents. They explore and develop their understanding of the impact of risk-taking behaviour on their life choices. The experiences and outcomes will enable learners to make informed personal choices with the aim of promoting healthy lifestyles. Where possible we have personalised our curriculum to the needs within our school.

Each year a fortnight will be identified for a whole school focus on substance misuse. All classes will have an opportunity to share their learning at that fortnight's assembly but throughout this fortnight there will be many opportunities for classes to share their learning with each other.

Stage	Learning Intention	Activities / Experiences	Resources
Nursery	I understand there are things I should not touch or eat and how to keep myself safe, and I am learning what is meant by medicines and harmful substances. HWB 0-38a I can show ways of getting help in unsafe situations and emergencies. HWB 0-42a	Children should talk about the people who help us and keep us safe. Learners should explore what things are unsafe to touch or eat. Learners should explore what is meant by medicines. Learners should discuss harmful substances. Learners should explore how to get help in unsafe situations.	Many of these scenarios will happen incidentally throughout the year with a focus in February.
Primary 1	I understand there are things I should not touch or eat and how to keep myself safe, and I am learning what is meant by medicines and harmful substances. HWB 0-38a I can show ways of getting help in unsafe situations and emergencies. HWB 0-42a	Repeat above as unsafe situations arise in class and school. Learners should explore allergic reactions to foods. Learners should explore how to identify allergic reactions. Learners should explore how to prevent allergic reactions. Learners should explore how to get help in an emergency situation.	School Nurse Epipen guidance
Primary 2	I know that there are medicines and some other substances that can be used in a safe way to improve health and I am becoming aware of how choices I make can affect my health and wellbeing. HWB 1-38a I know how to react in unsafe situations and emergencies. HWB 1-42a	Learners should explore what makes a person healthy. Learners should explore how lifestyle choices can affect our health. Learners should explore medicines and other substances that can be used in a safe way to improve health focussing on asthma and inhalers. Learners should explore how to react if someone is having an asthma attack.	HWB Curriculum Development Resources
Primary 3	I know that there are medicines and some other substances that can be used in a safe way to improve health and I am becoming aware of how choices I make can affect my health and wellbeing. HWB 1-38a I know how to react in unsafe situations and emergencies. HWB 1-42a	Learners should explore diabetes. Learners should explore how diabetes is managed. Learners should identify the symptoms of a hypo. Learners should explore how to react in an emergency situation.	Diabetic Nurse Diabetic children
Primary 4	I know that there are medicines and some other substances that can be used in a safe way to improve health and I am becoming aware of how choices I make can affect my health and wellbeing. HWB 1-38a I know how to react in unsafe situations and emergencies. HWB 1-42a	Learners should explore what makes a person healthy. Learners should explore medicines and other substances that can be used in a safe way to improve health. Learners should focus on specific conditions that may require medication to manage them like kidney disease or epilepsy. Learners should explore how lifestyle choices can affect our health.	School Nurse
Primary 5	I understand the effect that a range of substances including tobacco and alcohol can have on the body. HWB 2-38a	Learners should explore the harmful effects of tobacco on our bodies. Learners should explore what is meant by addiction. Learners should explore how difficult it can be to stop smoking and some of the supports available.	HWB Curriculum Development Resources

	<p>I know that popular culture, the media and peer groups as well as my own attitudes and values can influence how I feel about substance use and recognise the impact this may have on my actions. HWB 2-39a I can identify the different kinds of risks associated with the use and misuse of a range of substances. HWB 2-41a I know of actions I can take to help someone in an emergency. HWB 2-42a I understand the impact that misuse of substances can have on individuals, their families and friends. HWB 2-43a</p>	<p>Learners should discuss why some people start to smoke. Learners should discuss how tobacco is portrayed in the media and popular culture. Learners should role play how to refuse if offered a cigarette. Learners should explore how the government is discouraging people from smoking through laws, advertising and supports.</p>	
Primary 6	<p>I understand the effect that a range of substances including tobacco and alcohol can have on the body. HWB 2-38a I know that popular culture, the media and peer groups as well as my own attitudes and values can influence how I feel about substance use and recognise the impact this may have on my actions. HWB 2-39a I can identify the different kinds of risks associated with the use and misuse of a range of substances. HWB 2-41a I know of actions I can take to help someone in an emergency. HWB 2-42a I understand the impact that misuse of substances can have on individuals, their families and friends. HWB 2-43a</p>	<p>Learners should explore the harmful effects of alcohol on our bodies. Learners should explore what is meant by addiction. Learners should explore how difficult it can be to manage alcohol consumption and some of the supports available. Learners should discuss why some people drink alcohol. Learners should discuss how alcohol is portrayed in the media and popular culture. Learners should role play how to refuse if offered alcohol. Learners should explore how the government is discouraging people from abusing alcohol through laws, advertising and supports.</p>	HWB Curriculum Development Resources
Primary 7	<p>I understand the effect that a range of substances including tobacco and alcohol can have on the body. HWB 2-38a I know that popular culture, the media and peer groups as well as my own attitudes and values can influence how I feel about substance use and recognise the impact this may have on my actions. HWB 2-39a I can identify the different kinds of risks associated with the use and misuse of a range of substances. HWB 2-41a I know of actions I can take to help someone in an emergency. HWB 2-42a I understand the impact that misuse of substances can have on individuals, their families and friends. HWB 2-43a</p>	<p>Learners should explore the harmful effects of drugs on our bodies. Learners should explore what is meant by addiction. Learners should explore how difficult it can be to stop taking drugs once addicted and some of the supports available. Learners should discuss why some people take drugs. Learners should discuss how drugs are portrayed in the media and popular culture. Learners should role play how to refuse if offered drugs. Learners should explore how the government is discouraging people from drug taking through laws, advertising and supports.</p>	HWB Curriculum Development Resources Choices for Life

