



Moving class can be exciting. Remember, you are not alone!







Stirling Council

Phone 0845 277 7000 Email info@stirling.gov.uk www.stirling.gov.uk

Formats

Copies of our leaflets are available by request in a range of other languages, large print and on audio tape. To request articles in any of these formats please email or call 0845 277 7000.















Introduction

Classes change all the time.

Here are some reasons why:

- people leave and join your school
- you move up levels
- and you can't stay in the same place all your life



I think I will lose my friends... and I will miss them.

It's going to be ok.

I felt kind of happy and kind of sad.







Here's a few things that might help you when moving classes:

Your headteacher talks to you about moving classes and this makes you comfortable about changing. You will be with friends and also make friends in your new class. If you're not in the same class as your friends, you can still see them:

- at break
- at lunch
- after school
- at clubs
- on outings

Who can help you?

- your teacher
- your mum and dad
- your friends
- your gran or grandad
- talking to your pets







top tips!

Talking to
your pets
might seem
a little silly
but sharing
your feelings
helps.





I was excited because I would make new friends













Now my old friends and new ones play together







Don't worry - be happy!

