



Respectful Inclusive Safe Kind



Nursery Home Learning Grid 18-5-20

Here are some suggested activities for you to try at home. These will be updated on the school website every week.

<https://blogs.glowscotland.org.uk/st/braeheadprimaryschool/>

<p><u>Monday</u></p> <p><u>Outdoor Learning</u></p> 	<p><u>Tuesday</u></p> <p><u>Early Numeracy</u></p> 	<p><u>Wednesday</u></p> <p><u>STEAM</u></p> 	<p><u>Thursday</u></p> <p><u>Health and Wellbeing</u></p> 	<p><u>Friday</u></p> <p><u>Early Literacy</u></p> 
<p><u>Rainbow Races</u> You will need a ball and a target. Can you roll the ball into the target? See how far you can get and still manage to get the ball in the target.</p>	<p><u>Floating and sinking</u> Fill a basin or the bath or a big tub with water collect a few objects from around your house that you think might float and some that might sink and then give it a go. You can record your findings on paper.</p>	<p><u>Lava Lamp</u> Can you make your own lava lamp? You will need a bottle or jar. Some vegetable oil, food colouring, bicarbonate of soda, vinegar and a spoon.</p> <ol style="list-style-type: none"> 1) Add 3 scoops of bicarbonate soda to bottle. 2) Fill 2/3 with oil don't mix. 3) In a small cup add some vinegar and colouring. 4) Slowly add vinegar to bottle and watch what happens..... 	<p><u>Healthy Teeth Game</u> For this game you will need two sheets of paper - one with a happy tooth and one with a sad tooth. You can either draw and cut out pictures of different types of food or use food packets/ wrappers. Have a look at each type of food and decide whether it is good for your teeth or not good for your teeth and place it on the happy or sad picture. (See below)</p> 	<p><u>A Toy Story</u> We are going to make our very own stories. For this you will need to find 5 or 6 objects/toys from around the house. Line them up in the order you want them to appear in your story and get ready to let your imagination go wild! You can tell your story verbally or take photographs to record your story and maybe even write some of the words yourself (see our example 'Eric's Amazing Adventure' below)</p>
<p><u>Rainbow races</u> Can you practice your balancing skills? Can you balance on one leg? Can you balance something on your head? Can you balance something on your back and walk at the same time? What is your favourite balance?</p>	<p><u>Using coins to create.</u> What creations can you make using different coins? All you will need for this activity is paper and a selection of coins. See how many things you can create and discuss the different numbers and amounts for the coins. You can compare sizes and shapes too. Take pictures.</p>	<p><u>Paper Aeroplane</u> Can you make your own paper aeroplane? You will need some paper any size you like. Think about the way an aeroplane looks and the ways you will need to fold the paper to create the plane. Does it fly far? What could you change to make it better?</p>	<p><u>Gross Motor Skills Bingo</u> Make your own bingo board with lots of different actions on it - jumping, hopping, star jumps etc. Take it with you when you go for a walk. Stop every so often and call out an action and once your child has completed the action, mark it off on the bingo board. (See Below)</p> 	<p><u>Alphabet Hunt</u> Write your name on a piece of paper (or ask a grown up to help). For each letter of your name see if you can find three things in the house or garden that start with the same letter / sound - say the letter and word out loud to help you hear the letter sound e.g. K for Kerry / K for kite</p>

Eric's Amazing Adventure



Here are the six objects for my story,

- 1) Eric the explorer
- 2) A wild and ferocious tiger!
- 3) A tiny bicycle
- 4) A silver spoon (or oar)
- 5) A huge boat sized shoe (or canoe)

6) A very loud bell



Once upon a time there was a fearless explorer names Eric the Amazing. One hot, sunny day while Eric was trekking in the jungle looking for snakes when a wild and ferocious tiger jumped out of a bush and tried to eat him. Eric was not at all scared of tigers but this one looked very hungry. The tiger smiled at Eric and said 'You'd be yummy in my tummy!! I'm going to eat you up for lunch!'



Now although Eric was very brave, he did not want to be lunch for the tiger, so he jumped on his bicycle and started to pedal away.



The tiger ran very fast, much, much faster than Eric could pedal, so Eric jumped off his bike, picked up his oar and jumped into his shoe canoe. Eric paddled as fast as he could, but the tiger could also swim very fast, much, much faster than Eric could paddle.



So, Eric jumped out of the boat and ran into a field. He spotted a cow bell lying on the ground. 'Ah-ha' he said, 'Just what I need'. Eric shook the bell with all his might – ding—ling—ling it went.



The noise was soooooooooo loud the tiger got a huge fright and started to cry. He stopped chasing Eric and ran as fast as he could back into the jungle taking his rumby tummy with him.

The end.

Gross Motor Bingo

10 Star Jumps	Skip	Run fast for 20 Seconds	5 Push-ups
Spin in a circle 5 times	Walk on your tip-toes	10 Giant Steps	5 frog jumps
10 hops on left foot	balance on one foot	10 Arm circles	Skip
5 Karate Kicks	10 toe touches	Walk backwards	10 hops on right foot
Your choice!	10 Giant Jumps	Walk on your heels	5 frog Jumps

Take a Bingo board with you whilst on a walk. At various times throughout your trip (unexpectedly would be best) shout out a movement for the kids to do. Score them off when completed. When all activities are scored off... BINGO!

Reward your child with a small prize.

Take pictures and collect memories of this Bingo game! Do the movements in various locations.



[Got my toothpaste, got my brush]
 I won't hurry, I won't rush.
 Making sure my teeth are clean
 front and back and inbetween.
 When I brush for quite a while
 [I will have a happy smile!]

*
 Sing this song to the music
 of Twinkle Twinkle *