



## Braehead Primary Rainbow Races and Fit Fortnight Home Learning Grid

### Literacy – Spelling Athletic Adjectives

Bank of athletic adjectives as part of our Fit Fortnight. Write a short piece about one of our activities using your athletic adjectives.



### Literacy – Writing History Study

Do you think events like our VE day 75<sup>th</sup> anniversary and our yearly remembrance services are important?

Write a short piece explaining and justifying your opinion.



### Literacy – Reading Review and recommendation

#### Week 1

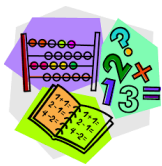
Select a new text for enjoyment. After reading the text form an opinion on whether you like it and what you think are its strengths and weaknesses.

#### Week 2

Write a short book review on your favourite book. You must include your own opinion of the text and what you would recommend the book to. Your review will be shared on our Classroom wall. Your review can be negative however you must justify your opinion or as we say

**and Maths**  
**Week 1**

our Stirling and  
nnanshire  
ompetition.



**Week 2**

Sumdog time competition the  
ontest will select the theme of  
ur class Kahoot.



**Numeracy and Maths**  
**Week 1**

Research transport time tables and create  
5 questions.

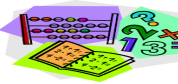
e.g What time did the 5 o'clock train from  
Glasgow arrive in Stirling?

Share your question on our Google  
Classroom assignment. Make sure you  
include the timetable you used to create  
the question.

**Week 2**

Your week one questions will be used to  
challenge a classmate. You will receive  
your own challenge questions to answer.

**Numeracy and Maths**



**Week 1**

Solve our Quick Maths challenges li  
You can also submit one quick ma  
challenge a classmate. You can in  
suggested strategy to help your cla  
your challenge.

<https://tinyurl.com/Quick-Maths-Tim>

**Week 2**

Your challenge questions will be us  
a classmate. You will receive you o  
question from a randomized classm

**WB**

Health and  
nges as part of our Fit  
allenges can be accessed by  
nk below  
[m/Health-Challenge-Grid](https://m/Health-Challenge-Grid)



**Creativity**

**Fit Fortnight**

Let's get creative for fit fortnight!

Here are some challenges that could earn  
you some house points.

Could you...

- Create a house song or chant and perform it for your teacher.
- Design a house poster or winning certificate for our rainbow races.
- Create a team mascot.



**Outdoor / Active**


**Rainbow Races**

Take part in our rainbow races. Don  
share your participation photos with  
teacher via our Seesaw and Googl  
apps. The house with the most part  
the house cup!

Click on the link below to access o  
<https://tinyurl.com/Braehead-Rainb>





Inclusive Safe Kind



### Health Challenge Grid

activities for you to try at home as part of our Fit Fortnight.  
[www.scotland.org.uk/st/breaheadprimaryschool/](https://www.scotland.org.uk/st/breaheadprimaryschool/)

<p><b>Stay Hydrated</b></p> <p>Our bodies need lots of water to run properly especially when it is hot outside. It is recommended that you drink between six and eight glasses of water a day. Keep this in mind when taking part in our fit fortnight challenges.</p> 	<p><b>Move it!</b></p> <p>Regular movement breaks improve our concentration, mood and fitness. Try to move every hour for at least 5 minutes. To help with this you could set a timer to keep you on track in this challenge. A few of our favourite movement breaks are linked below</p> <p><a href="https://www.youtube.com/watch?v=HnCeB8ag_o">https://www.youtube.com/watch?v=HnCeB8ag_o</a>  <a href="https://www.youtube.com/watch?v=VtFppj02w">https://www.youtube.com/watch?v=VtFppj02w</a></p> 
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- Build your own obstacle course for your family.
- Make your own medal.
- Research the Olympics.

You could be creative by using recycling, pens, paint, or natural materials you find on your walks!

Each task you submit will earn you 1 house point.

Good luck!



you can use Sumsdog  and TTRS  at anytime too.