



Health and Wellbeing Websites



Storybook Explaining Coronavirus

https://nosycrow.com/wp-content/uploads/2020/04/Coronavirus_INSwith-cover.pdf

The handwashing challenge (5-7 years)

<http://www.learnalberta.ca/content/hehh1/index.html?launch=true>

Food and farming videos (5 – 11years)

<https://www.foodafactoflife.org.uk/5-7-years/where-food-comes-from/videos/>

The great grub club (5-11 years)

<http://www.greatgrubclub.com/play-it#.XmrEaGxvl2w>

A balanced diet (11-14 years)

<https://curriculumbits.com/prodimages/details/biology/a-balanced-diet.html>

CBBC newsround (7- 14 years)

<https://www.bbc.co.uk/newsround>

Keeping Active

www.gonoodle.com/

www.cosmickids.com/

<http://www.freddyfit.co.uk/kids/games.php>

Healthy Minds

www.headspace.com/meditation/kids

www.healthforkids.co.uk/