









## FREE Dr Bike and Pop Up Hub Saturday 16th March, 10 - 4pm



Come and join us for a day of walking and cycling fun at Allan's Primary! There's loads to get involved with; Dr Bike will be there from 11 - 2pm, to give your bike a

free safety check.. We'll be on hand to of walking and cycling related help you plan a cycle route and then lead you on a buddy ride to build your confidence. We can help you to sign up for nextbike, and will have loads

freebies, information and advice. We will also have our Smoothie Bike with us, so you can make yourself a refreshing smoothie!