

Monday 12 – Friday  
16 February 2018

# Active kids February 2018

**Book  
now!**  
01786  
273555

Book a 5 day  
camp and get  
each additional  
family child  
half price\*

**Plenty of fun &  
activities for kids  
aged 5 – 13yrs**



\*Valid when purchasing one full week (half & full days). Child must be part of the same family and attend the same week, cannot be redeemed against future weeks. Cannot be used in conjunction with any other offer.

Please note that registration for The PEAK camps will now take place in The PEAK



Developed from the original programme created by Positive Coaching Alliance.

Age groups may be combined depending on numbers

# Active kids February 2018



Full day camps

Please bring some lunch and a drink with you.

## the PEAK fun

### for 8–10 year olds

PEAK Fun for 8–10 year olds makes sure the school holidays are busy and active with a wide range of activities and sports. The camp also helps kids develop crucial game playing and social skills.

Date	Time	Age	Venue	Cost
Mon 12 Feb – Fri 16 Feb	8.30am – 4.30pm	8 – 10yrs	The PEAK	£90 – 5 full days
Single full day	8.30am – 4.30pm	8 – 10yrs	The PEAK	£22 – 1 day

## the PEAK play

### for 5–7 year olds

PEAK Play is ideal for 5–7 year olds to take part in a variety of different sports and activities. The camp also gives kids the chance to try out new sports and activities they've maybe never tried before in a fun packed way.

Date	Time	Age	Venue	Cost
Mon 12 Feb – Fri 16 Feb	8.30am – 12.00pm	5 – 7yrs	The PEAK	£45 – 5 half days
Single half day	8.30am – 12.00pm	5 – 7yrs	The PEAK	£12 – 1 half day
Mon 12 Feb – Fri 16 Feb	8.30am – 4.30pm	5 – 7yrs	The PEAK	£90 – 5 full days
Single full day	8.30am – 4.30pm	5 – 7yrs	The PEAK	£22 – 1 day

## the PEAK fit

### for 11–13 year olds

PEAK Fit for 11–13 year olds is an energy filled week of sport and exercise. Activities include basketball, badminton, volleyball, athletics and many more.

Date	Time	Age	Venue	Cost
Mon 12 Feb – Fri 16 Feb	8.30am – 4.30pm	11 – 13yrs	The PEAK	£90 – 5 full days
Single full day	8.30am – 4.30pm	11 – 13yrs	The PEAK	£22 – 1 day

Book a 5 day camp & get additional child half price!

Parents and guardians must sign all children in and out of The PEAK camp sessions

# How to book and pay

## Bookings and payments can be made in 2 ways:

- 1 Book and pay in person at The PEAK or Forthbank.
- 2 Phone Active Stirling on 01786 273555 (option 2) to book and pay by debit or credit card.

### facility opening times:

#### The PEAK:

Mon– Fri 6.00am – 10.00pm  
Sat 7.00am – 8.00pm  
Sun 8.00am – 8.00pm

#### Forthbank:

Mon– Fri 8.30am – 10.00pm  
Sat 9.00am – 7.00pm  
Sun 9.00am – 5.30pm

Please note: Booking lines close 30 mins before facility closing time.

### TERMS AND CONDITIONS

#### Refunds

Refunds will only be granted in exceptional circumstances and only if 7 days notice is given prior to the start of the activity. Please post/e-mail your refund request to [bookings@activestirling.org.uk](mailto:bookings@activestirling.org.uk)

#### General information

All participants should come prepared for all activities, with suitable footwear and clothing for indoor and outdoor conditions. For any activities that are on for 5 hours or more please bring with you some lunch and a drink e.g. all day PEAK camps. All details regarding child consent/medical information must be given at the time of booking. By making a booking and payment for any activity you accept our terms and conditions and give consent for your child to participate.

#### Supervision

Children must be accompanied to and from the venue and signed in before and after each booked activity. Active Stirling only accepts responsibility for the child for the duration of the activity.

#### Emergency contact details

We will request emergency contact details and any medical details for your child at time of booking. Please ensure any changes are communicated to us.

For full terms and conditions go to [activestirling.org.uk/activekids](http://activestirling.org.uk/activekids)

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## Child consent & medical form

Please complete the following details and bring them with you for your first session. We will also ask you for this information when you book with us over the phone or in person.

First name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Contact tel no: \_\_\_\_\_ Mobile no: \_\_\_\_\_

Alternative emergency contact name and number:  
Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

Does the above named participant suffer from any ongoing medical condition, or have special needs of which we should be aware? (Please tick) Yes  No

If Yes please give details \_\_\_\_\_

Email address: \_\_\_\_\_

I give permission for photographs and video to be taken of my child whilst on session. The photos and video will be used for Active Stirling promotional work. (Please tick) Yes  No

I fully consent to my child taking part in the activity. A member of my family or friend can be contacted on the above telephone number in the event of an emergency.

Signed / Guardian

Date

**Note:** All activities by nature have inherent risks and dangers. By participating in these activities you are exposing yourself to these risks. Experienced, trained and qualified staff combined with appropriate safety equipment, help manage and reduce the risks. Nonetheless the risks and dangers will never disappear. Active Stirling does not provide personal accident or belongings insurance. Participants should arrange their own insurance as necessary.

If you do not wish to receive details of future offers and incentives from Active Stirling please tick

#### Registered office:

Active Stirling Ltd No. 23, 15 Borrowmeadow Road, Stirling FK7 7UW

T. 01786 273555 E. [bookings@activestirling.org.uk](mailto:bookings@activestirling.org.uk) W. [activestirling.org.uk](http://activestirling.org.uk)

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