

School Lunch provenance menu - Aug 2026 to Aug 2027

Week 1 - 12th & 31st Aug, 21st Sept, 12th Oct, 2nd & 23rd Nov, 14th Dec, 4th & 25th Jan, 15th Feb, 8th & 29th Mar, 19th Apr, 10th & 31st May, 21st Jun, 12th July, 2nd Aug

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Starter	Tomato Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread	Cheese & Biscuits or Lentil Soup – made with plain savoury crackers and cheese	Chicken & Sweetcorn or Lentil Soup – made with UK Red Tractor certified chicken breast and a mix of fresh vegetables and served with home baked wholemeal bread	Lentil Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread	Carrot & Parsnip Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread
Red Tray Includes soup, fruit & salad bar	Cheese and Tomato Pizza with Chips and Seasonal salad – Cheese and tomato pizza with a wholemeal base, served with UK grown chipped potatoes and a seasonal salad	Sausages & Yorkshire Pudding with Gravy - Made with QMS certified pork sausages & Yorkshire pudding, served with UK grown mashed potatoes & seasonal vegetables V = Quorn Sausages	Macaroni Cheese with Peas & Sweetcorn – Pasta in a homemade cheese sauce using cheddar cheese and Organic milk from Scottish Dairy cows served with garden peas and sweetcorn	Tomato Pasta and Seasonal Salad – Pasta cooked with a homemade tomato sauce and a seasonal salad	Breaded Fish with Potato Wedges and Peas - Oven baked Gluten free breaded MSC certified pollock fillet served with UK grown wedge potatoes and garden peas V = Quorn Dippers
Green Tray Includes soup, fruit & salad bar	Egg Mayonnaise Roll – made with eggs from free range Scottish hens and a white high fibre roll Cheese Roll – made with cheddar cheese and a white high fibre roll	Sliced Chicken Roll – made with UK Red Tractor certified chicken breast joint, which we roast and slice on site as a filling for a white high fibre roll Cheese Roll – made with cheddar cheese in a white high fibre roll	Jacket Potato with Baked Beans – Oven baked UK grown potatoes with reduced salt and sugar baked beans Jacket Potato with Cheese – Oven baked UK grown potatoes with grated cheddar cheese and seasonal salad V = Quorn Burger & Ketchup	Cheese Burger Roll & Ketchup – A Red Tractor British beef grill made with hidden spinach and broccoli served with a cheddar cheese slice in a high fibre burger roll with Heinz tomato ketchup V = Quorn Burger & Ketchup	Chicken Mayonnaise Sandwich – made with UK Red Tractor certified chicken breast as a filling with wholemeal sliced bread Cheese Sandwich – made with cheddar cheese and wholemeal sliced bread
Pudding	Selection of fruit	Selection of fruit & spongecake & custard made with organic milk	Selection of fruit & reduced sugar ice-cream	Selection of fruit & reduced fat, extra fibre & vitamins fruit yogurt	Selection of fruit & natural sugar & flavour milkshake
Salad Bar	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items

Week 2 - wc 17th Aug, 7th & 28th Sept, 19th Oct, 9th & 30th Nov, 21st Dec, 11th Jan, 1st & 22nd Feb, 15th Mar, 5th & 26th Apr, 17th May, 7th & 28th Jun, 19th Jul

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread	Carrot & Parsnip Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread	Cheese & Biscuits or Lentil Soup – made with plain savoury crackers and cheese	Chicken Noodle Soup - made with UK Red Tractor certified chicken breast and a mix of fresh vegetables and served with home baked wholemeal bread	Tomato Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread
Red Tray Includes soup, fruit & salad bar	Tomato Pasta, Garlic Bread & Seasonal Salad – Pasta cooked with a homemade tomato sauce, served with home baked bread and a seasonal salad	Chicken Chow Mein - Made with UK Red Tractor certified chicken breast, fresh vegetables and egg noodles V = Quorn chow mein	Beef Lasagne and Seasonal Salad – Beef Lasagne made with Quality Meat Scotland assured beef mince. Served with a seasonal salad V = Pasta & Tomato sauce	Salmon Fish Fingers with Smiley Faces and Baked Beans – Oven baked MSC certified breaded salmon fish fillet fingers, served with oven roasted McCain potato smiley faces and reduced salt and sugar baked beans V = Quorn Dippers	Macaroni Cheese with Seasonal Vegetables – Pasta in a homemade cheese sauce using cheddar cheese and organic milk from Scottish dairy cows and vegetables
Green Tray Includes soup, fruit & salad bar	Jacket Potato with Baked Beans & Cheese – Oven baked UK grown potatoes with reduced salt and sugar baked beans & cheddar cheese Jacket Potato with Coleslaw – Oven baked UK grown potatoes with homemade coleslaw	Pork Sausage Roll with Spaghetti Hoops - A homemade sausage roll using Quality Meat Scotland farm assured pork sausage meat, served with reduced salt and sugar wholewheat spaghetti hoops V = Quorn Sausage Roll	Tuna Mayonnaise Baguette – made with tuna that is certified as sustainable by the MSC - Marine Stewardship Council and served in a high fibre baguette Cheese Panini – made with grated cheddar cheese and served in a high fibre panini	Coronation Chicken Sandwich - made with UK Red Tractor certified chicken breast and a mild curry mayonnaise as a filling with wholemeal sliced bread Cheese Sandwich – made with cheddar cheese and wholemeal sliced bread	Chicken Burger & Ketchup – UK Red Tractor certified minced chicken breast breaded burger in a high fibre burger roll with Heinz tomato ketchup V = Quorn Burger & Ketchup
Pudding	Selection of fruit & reduced fat, extra fibre & vitamin fruit yogurt	Selection of fruit & reduced sugar Jelly	Selection of fruit	Selection of fruit & reduced sugar muffin	Selection of fruit & natural sugar & flavour milkshake
Salad Bar	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items

Week 3 – 24th Aug, 14th Sept, 5th & 26th Oct, 16th Nov, 7th & 28th Dec, 18th Jan, 8th Feb, 1st & 22nd Mar, 12th Apr, 3rd & 24th May, 14th Jun, 5th & 26th Jul

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Carrot & Parsnip Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread	Lentil Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread	Cheese & Biscuits or Lentil Soup – made with plain savoury crackers and cheese	Tomato Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread	Lentil Soup – made with a mix of fresh vegetables and served with home baked wholemeal bread
Red Tray Includes soup, fruit & salad bar	Cheese and Tomato Pizza / Pasta combo and Seasonal Salad – a combination of cheese and tomato pizza with a wholemeal base and pasta cooked with a homemade tomato sauce and seasonal salad	Chicken Goujons, Fries & Peas and Sweetcorn –UK Red Tractor certified chicken breaded goujons served with UK grown chipped potatoes, garden peas and sweetcorn V = Quorn Dippers	Mild Chicken Curry with Rice and Peas – a mild curry prepared with a homemade korma sauce using UK Red Tractor certified chicken breast, served with rice and garden peas V = Mild Quorn Curry	Steak Pie with Oven Roasted Potatoes and Seasonal Vegetable Medley – A puff pastry topped pie using Quality Meat Scotland assured beef, served with UK grown oven roasted potatoes and vegetables V = Sliced Quorn fillet & gravy	Cheese Panini with Potato Wedges and Sweetcorn - Cheddar cheese in a white high fibre panini roll served with UK grown wedge potatoes and sweetcorn
Green Tray Includes soup, fruit & salad bar	Omelette and Spaghetti Hoops – made with eggs from free range Scottish hens served with reduced salt and sugar wholewheat spaghetti hoops Cheese Sandwich – cheddar cheese and wholemeal sliced bread	Egg Mayonnaise Roll – made with eggs from free range Scottish hens and a white high fibre roll Tuna Pasta Salad - made with tuna that is certified as sustainable by the MSC - Marine Stewardship Council, pasta and mayonnaise	Tuna Mayonnaise Sandwich – made with tuna that is certified as sustainable by the MSC - Marine Stewardship Council and a wholemeal sliced bread Cheese Toastie & Baked Beans – made with cheddar cheese and wholemeal sliced bread, served with reduced salt and sugar baked beans	Hotdog & Ketchup – Gluten Free UK Red Tractor certified pork sausage in a white high fibre roll with Heinz tomato ketchup V = Veggiedog (Quorn Sausage)	Sliced Chicken Sandwich – made with UK Red Tractor certified chicken breast joint, which we roast and slice on site as a filling in wholemeal sliced bread Cheese Sandwich – made with cheddar cheese and wholemeal sliced bread
Pudding	Selection of fruit & reduced fat, extra fibre & vitamin fruit yogurt	Selection of fruit & mini low sugar doughrings made with free range eggs	Selection of fruit	Selection of fruit & reduced sugar cookie	Selection of fruit & natural sugar & flavour milkshake
Salad Bar	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items	Selection of freshly prepared Salad items