

## RSHP Second Level (P5-P7)

Learning at this Level is likely to be for children in P5, P6 and P7, but it can be earlier or later for some. It is the role of the teacher/facilitator to decide when a child or group should be learning at this Level. An indication is given of content that could form the starting point of work, with progression to other topics also indicated.

### **To Begin With**

- My Body
- Friends and Friendships
- A fair and equal life for boys and girls
- My senses: Things I like, things I don't like
- Consent
- Social media/popular culture
- Protecting Me / Abuse and relationships

### **Progression 1**

- Emotional well-being and body image
- Love and relationships
- Sex – how do people have sex, what do they do
- How human life begins, pregnancy and birth

### **Progression 2**

- Understanding human sexuality
- Menstruation
- How adults plan and prevent pregnancy: contraception and condoms